

WEST VALLEY AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS  
AGENDA FOR JANUARY 2009

THE WVASNA WAS CALLED TO ORDER AT \_\_\_\_\_

**SERVICE PRAYER:** read by \_\_\_\_\_

**12 TRADITIONS:** read by \_\_\_\_\_

**12 CONCEPTS:** read by \_\_\_\_\_

**NEW GSR'S/ALT GSR'S RECOGNIZED- WELCOME TO NEW HOMEGROUPS**

**1<sup>ST</sup> ROLL CALL:**    OUT OF    VOTING GSR'S PRESENT - ESTABLISH QUOROM OR NOT-- MUST BE 2/3 OF ACTIVE HOMEGROUPS

If Quorum is not established no Idea Requests can be voted in nor can new ones be discussed and no money matters can be decided on.

**REPORTS**

<b>CHAIR</b>	ATTACHED/VERBAL/OPEN
<b>VICE CHAIR</b>	ATTACHED/VERBAL/OPEN
<b>SECRETARY</b>	ATTACHED/VERBAL/OPEN
<b>TREASURER/ P. O. BOX</b>	ATTACHED/VERBAL/OPEN
<b>ALT. TREASURER</b>	ATTACHED/VERBAL/OPEN
<b>P &amp; P (Guidelines Chair)</b>	ATTACHED/VERBAL/OPEN
<b>H &amp; I (Hospitals and Institutions)</b>	ATTACHED/VERBAL/OPEN
<b>RCM1 (Regional Committee Member)</b>	ATTACHED/VERBAL/OPEN
<b>RCM2 (ALT Regional Committee Member)</b>	ATTACHED/VERBAL/OPEN
<b>ACTIVITIES</b>	ATTACHED/VERBAL/OPEN
<b>LITERATURE</b>	ATTACHED/VERBAL/OPEN
<b>OUTREACH</b>	ATTACHED/VERBAL/OPEN
<b>P. I. (Public Information Chair)</b>	ATTACHED/VERBAL/OPEN
<b>NEWSLETTER</b>	ATTACHED/VERBAL/OPEN

**AD HOC:** Storage Facility is still waiting to be voted on. Jamey Lynn to head new Committee was designated to research misuse of NA name by Valviendo A Viv Facility.

**GROUP REPORTS** IF REQUESTED

**LIASON POSITIONS** (these are temporary positions used for communication with Committees that serve all Areas in our Region)

**NARATHON** ATTACHED/VERBAL/OPEN

**HELPLINE** ATTACHED/VERBAL/OPEN

**TWENTY MINUTE BREAK**

**2<sup>ND</sup> ROLL CALL**    OF    VOTING GSR'S PRESENT – REESTABLISH QUOROM

**12 CONCEPTS**    **2<sup>ND</sup> CONCEPT** (15minutes Discussion)

**OPEN FORUM/OPEN SHARING:** If Requested (15-30 Minutes)

Should concern C.A.R. Report and the NA Bedside Proposal as well as what to do about conducting business if we do not have quorum for 2<sup>nd</sup> month in a row.

**ELECTIONS:** Open Positions P.I. Chair, Outreach Chair, Vice Chair, Alt Secretary, Alt Treasurer, Alt Lit Chair

**OLD BUSINESS:** Idea Requests 110901,110902, 110904, and 110905 all went back to Homegroups and were not voted on because of quorum not being established. Also the check request for Activities could not be approved.

**NEW BUSINESS:** Idea Requests 120901-06. 04 and 05 can probably be withdrawn by makers and 06 is a nonissue until we get a P.I. Chair.

**AUTOMATIC FUND FLOW TO REGION:** Per Our current Guidelines this is done Every Other Month

WEST VALLEY AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS  
WEBSITE: www.arizona-na.org  
MARYVALE SAMARITAN HOSPITAL  
DINING ROOM A & B  
MINUTES FOR December 19, 2009

THE WVASNA WAS CALLED TO ORDER AT 10:02 AM

**SERENITY PRAYER:** read by Everyone

**SERVICE PRAYER:** read by John C.

**12 TRADITIONS:** read by Tamara H.

**12 CONCEPTS:** read by Angela S.

**NEW GSR'S/ALT GSR'S RECOGNIZED-** There were not any

**1<sup>ST</sup> ROLL CALL:** 08 OUT OF 14 VOTING GSR'S PRESENT --QUOROM WAS NOT ESTABLISHED-- MUST BE 2/3 OF ACTIVE HOMEGROUPS OR A MINIMUM OF 10 ACTIVE HOMEGROUPS REPRESENTED BY A GSR

**If Quorum is not established no Idea Requests can be voted in nor can new ones be discussed and no money matters can be decided on until Quorum is established at next months Area.**

**REPORTS**

<b>CHAIR</b>	ATTACHED
<b>VICE CHAIR</b>	OPEN
<b>SECRETARY</b>	ATTACHED
<b>TREASURER/ P. O. BOX</b>	VERBAL
<b>ALT. TREASURER</b>	OPEN
<b>P &amp; P (Guidelines Chair)</b>	ATTACHED
<b>H &amp; I (Hospitals and Institutions)</b>	ATTACHED
<b>RCM1 (Regional Committee Member)</b>	ATTACHED
<b>RCM2 (ALT Regional Committee Member)</b>	OPEN
<b>ACTIVITIES</b>	ATTACHED
<b>LITERATURE</b>	ATTACHED
<b>OUTREACH</b>	OPEN
<b>P. I. (Public Information Chair)</b>	OPEN
<b>NEWSLETTER</b>	ATTACHED
<b>AD HOC</b>	NONE REQUESTED

**GROUP REPORTS** ATTACHED

**LIASON POSITIONS** (these are temporary positions used for communication with Committees that serve all Areas in our Region)

**NARATHON** OPEN

**HELPLINE** OPEN

**TWENTY MINUTE BREAK** 11:05 TO 11:25

**2<sup>ND</sup> ROLL CALL** 08 OF 14 VOTING GSR'S PRESENT -- QUOROM NOT ESTABLISHED-NO BUSINESS CAN BE CONDUCTED UNTIL QUOROM IS ESTABLISHED AT NEXT MONTHS AREA

**12 CONCEPTS** 1<sup>ST</sup> CONCEPT There was no discussion

**OPEN FORUM/OPEN SHARING:** Presentation from Robin R. on Phonline Activities and possibly adding a new Access line onto our existing service at an extra \$30.00 a month. This would allow the

Phoneline to add extra shifts and make them shorter. There next Committee meeting will be held in the West Valley.

Also Paul from East Valley shared about a new project in the works called NA Bedside a 12 Step List for NA members confined to Hospitals who are unable to attend a meeting. More information will be sent as it becomes available.

Jamey Lynne will Chair a new Ad Hoc committee to look into misuse of the NA symbol by Valviendo A Viv Treatment Centers.

**The Conference Agenda Report Workshop will held on Jan. 09, 2010 from 8AM to 5PM at the United Methodist Church(Fellowship Hall) located at 1515 N. Trell Rd. in Casa Grande.**

**ELECTIONS:** None

**Secretary has on hand at an Updated file named MOTIONS with Idea Requests/Motions, that were accepted, from the last 2 years, these are provided for your convenience in case there are questions concerning past business.**

**OLD BUSINESS:** No business could be discussed Idea Requests 110901, 110902 concerning the Secretary's Guidelines and Template as well as 110904 to change Banks and 110905 about reintroducing the New Times Ad are tabled until January's Area

**NEW BUSINESS:** Because we did not have Quorum no new Idea Request could be presented, those that were given to the Chair are being held by the Secretary and will be presented at January's Area if enough GSR's are present to conduct business.

**AUTOMATIC FUND FLOW TO REGION:** Donation was mailed to Region in the amount of \$661.00 by our Treasurer Brian J. as Chuck W. was unable to attend the last Regional meeting.

**MOTION TO CLOSE:** MEETING WAS CLOSED AT 11:50AM

**WEST VALLEY PHONE/E-MAIL LIST**

POSITION	NAME	PHONE	EMAIL
Chair	Jamey Lynne B.	623-337-7412	jameylynn@cox.net
Vice Chair	OPEN		
Secretary	Angie M.	602-380-5494	sercouwis2004@yahoo.com
Alt. Secretary	OPEN		
Treasurer	Brian J.	623-703-3936	brianj59@g.com
Alt. Treasurer	OPEN		
RCM1	Chuck W.	602-423-0253	Mail
RCM2	OPEN		
Activities Chair	Wendy S.	602-579-4779	freeatlast111@msn.com
H&I Chair	John H.	623-849-0975	JHester13@cox.net Mail
P&P Chair	Maryanne L.	602-400-8446	madlant@cox.net Mail
P.I. Chair	OPEN		
Outreach Chair	OPEN		
Literature Chair	Trisha B.	623-298-9148	ianandioshmom@yahoo.com
Newsletter Chair	Shannon B.	602-228-8962	tweeter0828@aol.com
AD HOC	Chuck W.	602-423-0253	
Helpline Liaison	OPEN		
Narathon Liaison	OPEN		

44 2-sided  
12 1-sided

**HOMEGROUPS**

ADDICTS IN RECOVERY	Andie B.	623-932-2169	Mail
ALT GSR	Sara D.	623-444-6344	paddle8291@cox.net

CHANGE OF LIFE *INACTIVE*	Melanie L.	623-815-7137	Mail
ALT GSR			
DOWN THE STREET	Amanda K.	623-243-7662	kiefferamanda@hotmail.com Call
ALT GSR			
IT'S IN THE TEXT	Julie H.	623-849-0975	jhester13@cox.net Mail
ALT GSR			
KEEP IT SIMPLE & SPIRITUAL	Megan T.	480-593-9187	meganpartlow@gmail.com
ALT GSR			
LA CONECTA	Ricardo M.	602-718-8147	Mail
ALT GSR			
LAST MILE			
ALT GSR	Mike S.	602-672-2263	mikes7339@yahoo.com
MIRACLES IN ACTION	Angela S.	602-486-5828	angelasanche@yahoo.com Mail
ALT GSR			
NOVA	Brett D.	602-989-0108	brettdunham3@gmail.com
ALT GSR			
NEVER ALONE	John C.	602-576-4139	jcristy4@mindspring.com
ALT GSR			
P.M.S.	Danielle V.	623-205-0640	danielleverno@yahoo.com Mail
ALT GSR	Lane A.	602-621-2463	
SANITY IS POSSIBLE	John S.	602-760-7690	jfstyles3@yahoo.com
ALT GSR			
ROOM TO GROW *NEW*	<del>Diana</del> LALO	???????	Need Info Mail RLalo13@yahoo.com
ALT GSR			
STAIRWAY	Natalie R.	623-703-7817	natrachel@aol.com Mail
ALT GSR			
SOLUTIONS *NEW*	Tamara H.	623-670-0544	tamarahaas@cox.net Mail
ALT GSR			
S.N.A.F.U. *INACTIVE*	Penny E.		Need Mailing Info
ALT GSR			
TERSUS VICTUS	Brenda J.	623-302-0063	icewoggle@aol.com Mail
ALT GSR			
THURSDAY NIGHT MENS	Steve D.	602-717-9135	stevedawson@kw.com Mail
ALT GSR			
WE DO RECOVER	Bryan P.	602-859-8301	brapaz@msn.com
ALT GSR	Mike M.	623-225-2087	capton-raider@yahoo.com

602-635-8792

NR

with Amy B  
 Please check or put new  
 info return to Secretary

LALO R. 7639 W. Hazelwood Phoenix AZ 85033

<b>ACTIVE HOMEGROUPS PRESENT</b>	13 OF 16	10 OF 15	12 OF 14	8 OF 14
<b>ACTIVE GROUPS PRESENT 2ND ROLL CALL</b>	12 OF 16	11 OF 15	13 OF 14	8 OF 14
<b>POSITIONS</b>	<b>SEPT. 09</b>	<b>OCT. 09</b>	<b>NOV. 09</b>	<b>DEC. 09</b>
CHAIR	X-X	X-X	X-X	X-X
VICE CHAIR	O-O	O-O	O-O	O-O
SECRETARY	X-X	X-X	X-X	X-X
ALT SECRETARY	O-O	O-O	O-O	O-O
TREASURER	X-X	X-X	X-X	X-X
ALT TREASURER	O-O	O-O	O-O	O-O
RCM1	X-X	X-X	X-X	X-X
RCM2	O-O	O-O	O-O	O-O
ACTIVITIES CHAIR	X-X	X-X	X-X	X-X
P&P	X-X	X-X	X-X	X-X
H&I CHAIR	X-X	X-X	X-X	X-X
LITERATURE CHAIR	X-X	X-X	X-X	X-X
NEWSLETTER CHAIR	X-X	X-X	X-X	X-X
OUTREACH CHAIR	O-O	O-O	O-O	O-O
P. I. CHAIR	O-O	O-O	O-O	O-O
AD HOC	X-X	X-X	X-X	X-X
<b>LIASON</b>				
HELPLINE/PHONELINE	O-O	O-O	O-O	O-O
NARATHON	O-O	O-O	O-O	O-O
<b>ACTIVE HOMEGROUPS</b>				
ADDICTS IN RECOVERY	X-X	X-X	L-X	A-A
DOWN THE STREET	A-A	A-A	X-X	X-X
ITS IN THE TEXT	X-X	A-A	X-X	A-A
KEEP IT SIMPLE AND SPIRITUAL	X-X	X-X	X-X	X-X
LA CONNECTA	X-X	X-X	X-X	X-X
LAST MILE	X-X	X-X	X-X	A-A
MIRACLES IN ACTION	X-X	X-X	X-X	X-X
NEVER ALONE	X-X	A-A	X-X	X-X
P.M.S.	X-X	X-X	X-X	X-X
SANITY IS POSSIBLE	X-X	X-X	X-X	A-A
STAIRWAY	X-X	L-X	X-X	X-X
SOLUTIONS	X-X	A-A	A-A	X-X
TERSUS VICTUS	X-X	X-X	X-X	X-X
THURSDAY NIGHT MENS MEETING	A-A	X-X	A-A	X-X
WE DO RECOVER	X-X	X-X	X-X	X-X
<b>INACTIVE HOMEGROUPS</b>				
CHANGE OF LIFE	A-A	A-A	A-A	A-A
SNAFU	A-A	A-A	A-A	A-A
NOVA	X-X	A-A	X-X	A-A
<b>NEW HOMEGROUPS</b>				
ROOM TO GROW	X-X	A-A	A-A	A-A

RMI Report  
check us

## WSC 2010 Summary Sheet: Motions and Other Issues to Be Discussed

### World Board Motions

Motion 1: To approve "A Vision for NA Service" stated below to replace the existing "NA World Services Vision Statement."

Maker: World Board, page 13

Motion 2: To approve the draft contained in Addendum A, *Money Matters: Self-Support in NA*, to replace the existing IPs #24 "Hey! What's the Basket For?" and #25 *Self-Support: Principle & Practice*.

Maker: World Board, page 24

Motion 3: To approve the draft contained in Addendum B, *Funding NA Services*, as a Conference Approved pamphlet.

Maker: World Board, page 24

Motion 4: To approve the revisions to *In Times of Illness* contained in Addendum C.

Maker: World Board, page 25

### Regional Motions

Motion 5: Direct NAWS to produce and add to inventory a purple decades clean and granite decade clean key tag in English only.

Maker: Show Me Region, page 36

NO change the wording to take care in English only

Motion 6: To add purple key tags for multiple decades of clean time to the NAWS inventory NO

Maker: New Jersey Region, page 37

Motion 7: To add a Spanish (Castilian) Line Numbered Large Print Basic Text, in the current edition, to NAWS inventory.

Maker: Southern California Region, page 38

Motion 8: The World Board is directed to develop a project plan for presentation to WSC 2012 for a Traditions Working Guide.

Maker: California Mid-State Region, page 39

Motion 9: To direct the World Board to develop a project plan, for presentation to WSC 2012, to revise *Just for Today: Daily Meditations for Recovering Addicts* by replacing the thirteen quotes (and meditation passages if necessary) that were taken from the Fifth Edition Basic Text and *Youth and Recovery* with current fellowship approved NA literature.

Maker: The Iowa Region, page 39

Motion 10: The World Board will post on the NAWS Website the motions that pertain to the Conference Approval Track at the same time the Conference Approval Track is sent out to Conference Participants.

Maker: South Florida Region, page 40

Motion 11: The World Board will post on na.org all recovery literature workgroup meeting records in English within 30 days of any workgroup meeting. The World Board will also link these postings to any project resources: such as the projects discussion board, or similar resource. This post will include the project's timeline and a schedule of workgroup meetings. The WB will also post their

meeting schedule & have the discretion to post an overview of the literature development process or any other additional information.

*Maker: Greater New York Region, page 42*

**Motion 12:** To add language to the end of the Approval Process for Recovery Material section of GWSNA, page 36, that says, "No more than two informational pamphlets or one booklet or one book-length piece will be out for Fellowship review and input at the same time."

*Maker: FreeState Region, page 43*

**Motion 13:** To add language to the end of the Approval Process for Recovery Material section of GWSNA, page 36, that says, "Review and Input periods will be at least six months for informational pamphlets and booklets and at least one year for book-length pieces of literature."

*Maker: FreeState Region, page 45*

**Motion 14:** To require a 180-day review and input period for Fellowship Approved, Conference Approved, or World Board Approved material.

*Maker: New Jersey Region, page 46*

## **Other Issues that Will Be Discussed at WSC 2010**

Those of you who read and discuss the CAR every two years will remember that the past several CARs have contained discussion questions, usually about the Issue Discussion Topics. This year, we don't have any particular questions to ask about the IDTs, but we are trying something new here on this summary page in briefly mentioning some of the other issues that we know will be discussed at the conference. We encourage you to read the related essays in this CAR.

### ***Service System (page 8)***

At WSC 2010, we will be discussing options for improved service delivery throughout all components of our service system: structure, process, people, and resources. We want to forward these discussions through the 2010-2012 cycle. We encourage everyone to read the essay on page 8 to gain all of the background information and share your ideas with your delegate so that we can have fruitful discussions at the conference and beyond.

### ***NAWS Resources (page 17)***

We have all been affected by the economic downturn, some of us more directly than others. In this CAR we discuss NAWS resources, and the *Annual Report* provides more detailed information. We are continuing to seek ways to cut costs at world services while reducing the impact on service delivery as much as possible. One of the items we will discuss with conference participants is *The NA Way Magazine*. We understand there is some benefit from this magazine to our members and to NAWS, yet we are aware of the waste that comes from automatic distribution of paper copies to all registered NA groups. We would like to discuss possible solutions with conference participants and to try changes in distribution before making any changes to policy. Please read the essay on page 17 and help your delegate come ready to discuss our NA Way distribution practices.

### ***Literature Development (page 28)***

Several of the regional motions in this CAR focus on some aspect of the literature development process. We hope to have a more holistic discussion at the conference about the literature development process, including how to more effectively involve interested members. How realistic is our current review and input process with our worldwide membership, and does this process positively affect our literature? Does a lengthy approval process make sense when approval is simply a "yes" or "no" for a completed work? What literature processes would serve us best today and in the future? We look forward to discussing all of these issues at the conference. Please read the essay on page 28 and share your thoughts with your delegate.

~~CAH Workshop~~  
Jan 2010  
Motion 1. Replacing as they are  
printed - no financial impact.

CAH Page 22-30  
Literature to be brought

ALT Secretaries Region

ALT Treasurers Region

2 Board Member  
in March - Legal Body

12yrs clean -

3rd Sunday of Month

March<sup>20</sup> Region Assembly  
GSR

Living Clean is formatted  
like the basic Texts not like  
the Book on Sponsorship

Our literature is written by us  
What are we doing???

World Board establishing a  
Region that is run like  
the World Board

Project based discussion

~~~~~

This coming Tuesday, December 8th, is our last meeting in the East Valley for a while. We're meeting at Coffee Rush at 7PM, which is at Baseline and Gilbert in Gilbert. The meeting in January will be in the West Valley, and I'll keep you posted on the location. It's currently looking like the Next coffee shop at 59th Ave and Utopia, or Maui Wowie coffee shop at 59th Ave and Peoria.

I think Angela finished calling all the numbers on the 12 step list, and I called most of the numbers on the volunteer list. I know I missed a couple of you, but that probably means you have multiple shifts and there's not much doubt that you're doing OK. I did drop a few numbers from the hunt groups that were disconnected or no longer receiving inbound calls, as well as some numbers for folks that now have a work conflict. That means we have quite a few openings. Specifically Monday 6AM to noon, Wednesday noon to 6PM, Thursday 6AM to noon, and Friday noon to 6PM. I'm also considering adding additional volunteers on the weekend, but that's something we can talk about at the meeting. As far as the 12 step list goes, we probably need to talk about that as well before sharing it with everyone on Google Docs. Looks like it shrank - a lot.

\* Speaking of the 12 step list, the East Valley Outreach Subcommittee has a new program to visit addicts in the hospital that can't get to a meeting. I think it's called NA Bedside, but I'm hoping to learn more about it Thursday night when Tricia tells us about it at the Phoenix Outreach meeting (Park Central Starbucks at 7PM). I've received a couple of calls that sound like they fit

Agenda for December  
Phone Line meeting

this description, and I'm sure a few of you have too. They want to extend the program valley wide. Sounds like a great idea.

Last month, we talked about adding additional roll-over shifts since it's hard to find volunteers available for a three or four day, 24 hour per day commitment. The process of adding the additional hunt groups made it clear that we've maxed out our hunt group capabilities on Accessline. We now have seven roll-over hunt groups, but Tuesday, Wednesday and Thursday don't time-out to the 3rd level hunt-group known as "The Last House on the Block" - the way we traditionally have. Instead, they're ordered hunt groups that call me last, then go to voice mail. I talked with both customer support and sales at Accessline about how to overcome the limitations, and it would apparently take an additional "SmartOffice". This means we'd double our capability, but we'd have to find a way to route calls from the Quest number to two different Accessline numbers, depending on what day of the week it was. I'm thinking about a silent menu on the existing Accessline that routes to the other number based on the calendar. I'm not sure if we'll get signal degradation since that means a call into the 480 number would be forwarded to the initial Accessline number, then forwarded to the second Accessline number, then forwarded to the volunteer. Seems like a lot of forwarding unless some kind of route optimization is used, and I haven't found a really knowledgeable person at Access line to talk with yet that really knows how their transfers work. I'm already hearing some echo, so my guess is that this would only make it worse. Another alternative is writing an outbound telephony script to modify the remote forwarding on the Quest line twice a week. That would have been a no-brainer with the PCs and old NuVoice hardware I got rid of in my yard sale last week, but it might be possible to do it with some other mechanism. I've got a couple of ideas, and I'm definitely open to suggestions.

If we do find a way to pull this off, and we get all three areas to OK the additional \$33/area expense, that would allow us to implement twice as many hunt groups. We could go to 3 hour shifts instead of the current 6 hour shifts if we so desired. I think some potential volunteers just can't fit our 6 hour blocks into their schedules. This may be a way to get more people involved, and it would give us a separate system to facilitate major mods and testing, but it would also double the administration load. Still, I think it's worth talking about, if only to convince ourselves that the "bang for the buck" isn't there.

We still need to record a couple of menu greetings for voice mail (one in English and one in Spanish) that let's a caller know that they'll need to unblock their phone if they want a call back. I'm also considering saying something about giving us permission if they want us to leave a message on their voice mail. I'm always reluctant to leave a message since you never know who has access and the caller may not want their family to know that they've reached out for help. Thoughts? Anyone have a good mic and decent sound card in a silent environment so we can create the right audio files? I think my PC is a little too noisy (nine fans), and I'm not sure about the built-in sound on my daughters Gateway laptops. Regardless, we need a microphone. CoolEdit or GoldWave should be able to generate the correct format, and I'm pretty sure I have

copies somewhere. I think I also have a copy of Cakewalk, but that's sort of overkill (it's not going to take a 24 track mixer).

Anyway, we have plenty to talk about and tons of stuff to do for anyone that wants to get involved. Even those that don't have the 6 month clean time requirement, as long as they can use a computer. Got a sponsee that needs to do some service and does audio recording? Bring them along. Or give them my phone number...

.....  
Thanks...

Robin Robbins

602.476.9369