

Arizona Regional Service Committee of N.A
Agenda for July 19, 2009

- Call to order
- Serenity prayer
- 12 traditions
- 12 concepts
- Service prayer
- 1st Roll call
- Approve minutes and agenda
- Open Forum
- Announcements

Executive Committee Reports

1. Chair's report
2. Vice-Chair's report
3. RD's report
4. RD alt's report
5. BOD liaison's report, including site committee report
6. Treasurer's report
7. Vice-treasurer's report
8. Secretary's report

RCM Reports

- CAN
- East Valley
- Lake Havasu
- Mohave East
- Navapache
- Phoenix
- South Central
- Southeastern
- Southwestern
- Verde Valley
- West Valley
- Yavapai

Second Roll Call:

Subcommittee reports

- ARCNA
- Activities
- H&I
- Literature Review
- Public Relations
- Web Servant
- Directory Committee; History of NA in AZ.

Old Business: Create Meeting List Update subcommittee.

New Business:

Distribution of funds

Closing Prayer

Next ARSC meeting: September 20, 2009

Arizona Regional Service Committee of N.A
Minutes from May 17, 2009

- Sberwood led the serenity prayer.
- Vince read the 12 Traditions.
- Dana read the 12 concepts
- Jason read the service prayer.
- Roll call done by Jerry H. 11/12. Quorum.

Reading of Resumes & Elections:

Minutes/Agenda Approval:

- The minutes from the last meeting were approved, as was this month's agenda.

Question and Answer -Open Forum: None

Announcements: Rodney-Tri Area Convention October 16, 17, 18. Contact him for flyers, also he is selling bracelets for MACNA. / Caroline has t-shirts for Festival of Recovery July 2, 3, 4.

Executive Committee Reports:

Chair's report –Oral report given, written report submitted
Vice-Chair's report – Vacant no report
RD's report – Oral report given, will e-mail written report
RD Alt's report - Written report submitted and oral report given
BOD Liaison's report - Oral report given, will e-mail written report
Treasurer's report – Oral report given by Debbie, will e-mail written report
Vice-Treasurer's report – No report given
Secretary's report -Minutes submitted and oral report given.

Second Roll Call: 11/12 Quorum.

RCM Reports:

All RCM's attending turned in written or will e-mail reports. Oral reports given by all present.

Subcommittee Reports:

Activities – Oral report given and written report submitted Kevin.
ARCNA -Oral report given and written report submitted by Ellen during first half.
H&I – Oral report given and written report submitted by Jason.
Literature Review – Oral report given and written report submitted by Jim.
Public Relations - Oral report given by Greg will e-mail written report.
Web Servant –Oral report given.
Directory Committee- Oral report given and written report submitted by Bethany.
NA History an AZ – Will email report.

Old Business: 3 ideas from H&I last region: postponed. / Discussion on Regional GSR Assembly falling in the busy month of October. Will submit an idea form. /

New Business: Idea to add a Regional GSR Assembly in January 2010. Agreed / Idea to move the Regional GSR Assembly in Showlow to September 26. Agreed. / Let Jim G. stay on BOD to help training of new members. Agreed. / ARCNA Elections; Chair- Dana (appointed) Vice Chair- Michael (elected) Treasurer- Christina (appointed) Vice Treasurer- Heidi (appointed)

Distribution of Funds: See treasurers report.

Closing Prayer

Next ARSC meeting: July 19, 2009

Meeting Adjourned at 3:45 PM

ARSCNA Roll Call – November 16, 2008

Executive Committee	Status	Name	Nov '08	Jan 09	March 09	May 09
Chair	In Service	Sherwood T	Present	Present	Present	Present
Vice-Chair						
RD	In Service	VINCE G		Present	Present	Present
RDA	In Service	KEN F	Present	Present	Present	Present
Treasurer	In Service	Deb W	Present		Present	Present
Vice-treasurer	In Service					Present
Secretary	In Service	Jerry H	Present	Present		Present
Areas						
CAN RCM 1	Active	Laura G				
CAN RCM 2	Active	Doug Grasse				
East Valley RCM 1	Active	Angie K	Present	Present	Present	Present
East Valley RCM 2	Active	Cheryl	Present	Present	Present	Present
Lake Havasu RCM 1	Active	Ryan E	Present	Present	Present	Present
Lake Havasu RCM 2	Active	Rick H	Present	Present	Present	Present
Mohave East RCM 1	Active	Robert P	Present	Present		Present
Mohave East RCM 2				Present		
Navapache RCM 1	Active	Carolyn G	Present	Present	Present	Present
Navapache RCM 2						
Peaks RCM 1	Inactive	(YEAH PEAKS!)				Sub/No RCM
Peaks AZ RCM 2	Inactive					
Phoenix RCM 1	Active	Bethany H	Present	Present	Present	Present
Phoenix RCM 2	Active	Jim B	Present	Present	Present	Present
South Central RCM 1	Active	Jeff D	Present	Present	Present	Present
South Central RCM 2	Active					
Southeastern RCM 1	Active	Crystal B.	Present	Present	Present	
Southeastern RCM 2	Active	Craig H.	Present		Present	Present
Southwestern RCM 1	Active	Danny B			Present	Present
Southwestern RCM 2						
Verde Valley RCM 1	Active	Jimmie R		Present	Present	Present
Verde Valley RCM 2	Active	Cece S	Present	Present	Present	Present
West Valley RCM 1	Active	Trish S	Present	Present	Present	
West Valley RCM 2						Present
Yavapai RCM 1	Active	Cathy	Present		Present	Present
Yavapai RCM 2		Vickie		Present	Present	Present
Committees						
ARCNA Chair	In Service	Ellen S	Present	Present	Present	Present
ARCNA Vice Chair	In Service	Dana G	Present	Present		Present
Activities	In Service	Kevin U	Present		Present	Present
H&I	In Service	Jason S	Present	Present	Present	Present
Literature Review	In Service	Jim B				Present
Public Relations	In Service	GREG W	Present	Present		
Web Servant	In Service	KEN M	Present	Present	Present	Present
BOD liaison	In Service	Michael C	Present	Present	Present	Present
Direcory Committee	In Service	Bethany	Present	Present	Present	
History Of NA in AZ	In Service	Jeff T	Present			Present

ARIZONA REGION OF NARCOTICS ANONYMOUS

STATEMENT OF WILLINGNESS and QUALIFICATION

Before completing your Arizona Regional Service Committee (ARSC) resume form we would like to let you know about service at the Regional level.

In order to provide our fellowship with the very best service possible we ask you to consider carefully the responsibilities that go with the elected position for which you may be nominated. You may be asked to make a considerable investment of your time, such as attending subcommittee meetings, writing reports and discussing plans and objectives of your service commitment, in order to fulfill the duties of the position. You may wish to consult your family and/or your sponsor after reviewing our guidelines for the Regional position you are interested in.

All positions at the ARSC have the desired requirements stated in our guidelines. Please review the position for which you are submitting your statement so that you will be aware of the time commitment – usually a minimum of at least one year.

All persons elected to an ARSC position are required to attend the 6 yearly ARSC meetings, which occur every 2 months, and are expected to stay until the close of the ARSC meeting, which does not have a set end time.

Thank you for your involvement!

NARCOTICS ANONYMOUS ARIZONA REGIONAL SERVICE COMMITTEE (ARSC) RESUME

NAME: *Bethany H*

ADDRESS: *6660 N 20th Avenue*
Phoenix, AZ 85015

PHONES: *602-309-0488 – cell ; 602-957-7552 – work*

CLEAN DATE: *6/10/99* HOME GROUP: *Primary Purpose*

ARSC SERVICE POSITION YOU ARE SEEKING: *ARSC Directory Chair*

LIST PREVIOUS NA SERVICE COMMITMENTS:

All levels of home group service; PASC helpline volunteer; PASC PI media task force, secretary, vice-chair, Chair; ARSC secretary; PASC RCM; ARSC appointed Directory Chair

WHAT CAN YOU OFFER THIS POSITION IF ELECTED: *continuity with this new position; willingness & NA experience; passion for accuracy in published meetings; inclusive communication; ability to learn & teach technical applications; desire to help when asked*

WHAT ARE YOUR GOALS FOR THIS POSITION IF ELECTED:

Streamline directory printing & delivery process; grow the committee; get others inspired to step in to this position next year; Complete directory & website legend update; continuity between ARSC & World published meetings; identify "missing" NA meetings and bring them into the fold.



REGIONAL COMMITTEE MEMBER II
Phoenix Area Service Committee

4225 N. 36th St no 17
Phoenix, Arizona 85018

T 602-435-5747
F 602-956-8703
jimbatson@naaa.com

March 15, 2009
ARIZONA REGIONAL SERVICE COMMITTEE
P.O. Box 1351
PHOENIX, ARIZONA 85061

Service Resume for Literature Chairperson

Name: Jim B.

Address: 4225 N. 36th St no 17 Phoenix, Arizona 85018

Phone: 602-435-5747 Fax: 602-956-8703

Clean Time: 29 years 11 months Home Group: Options for Us, Phoenix Area

ARSC Position sought: Literature Chairperson

Current Service Positions: Treasurer, Options for Us Group, Regional Committee Member II, Phoenix Area Service Committee

Previous Service Positions Relevant to Literature Committee: Review & Input NA Basic Text, College Group, Fayetteville Ark 1981, Review & Input It Works, How and Why (12 Traditions) San Diego Area Literature Committee 1982, World Literature Workshop It Works, How and Why 1984, Helped author Newsletter Handbook, Phone-line Handbook, Hospitals and Institutions Handbook, 1984-1987, Newsletter Chairperson San Diego Area 1982, Newsletter Chairperson San Diego / Imperial Region 1984-1986

Relevant professional positions held: Technical Illustrator / Writer Clark Equipment Company 1979, Illustrator NA Way Magazine, WSO inc. 1985-1988

What can you offer this position if elected? I am passionate about carrying a consistent NA message of recovery through our literature, and believe that I can help Arizona Region become directly involved in this process.

What are some of your goals for this position if elected? I hope to promote and nurture a passion to be a part of our literature in every addict in the same way it was nurtured in me by my predecessors. We have an important opportunity to be a part of a new book in NA "Living Clean", and I don't want Arizona Region to miss out on the chance to be a major contributor to this piece of literature.

In Loving Service,

Jim B.

**STATEMENT OF WILLINGNESS
AND QUALIFICATION**

Before completing your ARSC resume form, we would like to let you know a little more about service at the Regional level.

The position that you have volunteered for or have been nominated for will require you to make a commitment of at least one (1) year. This means that you may be asked to make a considerable investment of your time and you will certainly have tasks to do at home in your spare time such as; writing reports and discussing plans and objectives of your service work.

As well as attending your Sub-Committee meetings, Sub-Committee Chairpersons are expected to attend the ARSC meeting every two months. All members are expected to stay until the close of the ARSC meeting, sometimes as long as seven hours. In order to provide our fellowship with the very best service possible, we ask you to consider carefully the responsibilities that go with the elected position for which you are nominated. You may wish to consult with your family or your sponsor.

**NARCOTICS ANONYMOUS
ARIZONA REGIONAL SERVICE COMMITTEE (ARSC)
RESUME**

NAME: HEIDI ANDERSON

ADDRESS: 8405 W. OSBORN RD, PHOENIX, AZ 85037

PHONE: 602-460-8284 CELL 623-846-2181 HOME

CLEAN TIME: 9 YEARS **HOME GROUP:** AIR (ADDICTS IN RECOVERY) - WVA

ARSC POSITION YOU ARE SEEKING: ARCNA ALT-TREASURER

PLEASE LIST YOUR PREVIOUS SERVICE COMMITMENTS IN N.A.:

10/2000 – 12/2004, 2/2006 - current WVA H&I

12/00 – 8/2002 WVA H&I Secretary

11/2001 – 11/2003 WSLD XVII Secretary

2002 – 2004 SIP Homegroup Treasurer

9/2003 – 8/2004 WVA Secretary

9/2004 – 8/2005 WVA Alt Treasurer

9/2005 – 8/2006 WVA Treasurer

4/2006 – 8/2008, WVA H&I Panel Coordinator

9/2006 – 5/2008, We Do Recover Homegroup Treasurer

9/2006 – 8/2007, WVA Area Vice-Chairperson

9/2007 – 8/2008, WVA Area Chairperson

WHAT CAN YOU OFFER TO THIS POSITION OR COMMITTEE IF ELECTED?

Over 10 years of professional accounting experience as well as a couple years of NA Area Treasurer experience. Willingness to run as ARCNA Treasurer the subsequent year.

WHAT ARE SOME OF YOUR GOALS FOR THIS POSITION OR COMMITTEE IF ELECTED?

Supporting the ARCNA function with Accountability, Unity and Efficiency in monetary management.

DO YOU HAVE ANY SERVICE COMMITMENTS NOT COMPLETED? YES _____ NO X

IF YES, WHAT: _____

AND WHY? _____

Resume:

Name – Michael Miller
Address – 3438 E. 4th St Tucson, AZ 85716
Phone Home -
Phone Cell – 520-820-8004

Clean time – 16 years, 6 months (11/11/92)

Home group- Band of Brothers, Tucson, AZ

ARCS Position I am seeking Convention Vice Chair ARCNA XXIV

Previous service committee positions in NA:

Merchandise Chair Mt Lemmon Bash 2008
RD Pacific Cascade Region 7/02-7/04
RDA Pacific Cascade Region 7/00-7/02
Merchandise Chair PCRCNA 5/03
Treasurer NUACNA 3/97
Convention Information NUACNA 3/96
Entertainment/Fundraising NUACNA 3/95
Additional service and convention experience available upon request

My current service position is:

Program Chair ARCNA 23
H&I Panel Leader US Penitentiary Tucson 6/07 – Present

What can I offer to this position/committee?

I bring multiple years of experience on several different convention committees, working experience with the process of consensus based decision making, a working knowledge of the 12 steps, 12 traditions and 12 concepts of service, a strong belief in the power of group conscience as a guide to service and undying gratitude to Narcotics Anonymous.

What are some of my goals for this position/committee? To foster unity throughout the Arizona Region as whole, carry the message of recovery through NA to the newcomer and to help to facilitate an atmosphere of celebration and recovery for all who attend ARCNA XXIV

Resume:

Name – Wanda Battle
Address – 3777 E McDowell Rd #2134

Phone Home – 602-293-3109
Phone Cell – 615-243-8015

Clean time – 24 yr

Home group- Spiritually Fit Women

ARCS Position I am seeking Convention Chair-- Vice Chair

Previous service committee positions in NA –(Regional Convention) Chair, Vice Chair, Registration Chair, Vice Registration Chair, PI, (Area) Chair, Vice Chair, ASR, Alt ASR , RSR, Alt RSR, (Homegroup) GSR, Alt GSR, Secretary, greet newcomers

My current service position is secretary

What can I offer to this position/committee? Experience, an opportunity to be teachable, my experience comes from the South....so I have a little Southern flavor but it all comes out in the wash. I'm open to change..things are different here. I have a willingness to complete the two yr commitment required of this position.

What are some of my goals for this position/committee? To learn, have new opportunities...I have never worked with a Board, Of course to remain teachable and grow. To fellowship with more of the AZ Region. Continue to stay clean, disagree, and hug at the end of a meeting, grow in the traditions and concepts.

**NARCOTICS ANONYOUMS
ARIZONA REGIONAL SERVICE COMMITTEE (ARSC)
RESUME**

NAME: Stephen Haltom

ADDRESS: 10130 N. Lunar Dr. / Flagstaff, Arizona ZIP: 86004

PHONE: (928) 527-3733 WORK # (if available): None

CLEAN TIME: 02/17/85 / 24 yrs. HOME GROUP: Just for Tuesday – Flagstaff

ARSC Position you are seeking: Vice-Chair of the Arizona Regional Service Committee

Please list your previous Service Commitments in NA: I am currently serving as PR Chair for the TPASC. Prior service commitments include Vice-Chair of the FWASC (2002-2003), Literature Chair for HASCONA (2000-2001), RSR of the LSRSC (1998-1999), RSRA of the LSRSC (1997-1998), Member World Literature Committee (1994-1996), ASR of the CTASC (1990-1991), ASRA of the CTASC (1989-1990), Chair of the CTASC (1988-1989), Vice-Chair of the CTASC (1987-1988).

What can you offer to this Position or Committee if you are elected? A strong commitment to service work, prior experience in running a service committee, extensive experience in writing reports and experience working with sub-committees.

What are some of your goals for this Position or Committee if you are elected? to help strengthen the ARSC, be available to help the sub-committees with any problems that may arise, help with the continued growth of the Arizona Region.

Have you failed to complete or been removed from a service position in the last five years? If yes, please explain. I was elected Policy Chair of the Northern Arizona Area Service Committee in 2005 but had to resign shortly thereafter due to some rather serious medical problems for which I was hospitalized.

Are you willing to make the necessary commitment? Yes, I am ready to make this commitment.

Do you have the time, resources and skills necessary to complete this service position? I feel that I have the time, resources and skills that will be necessary to complete this commitment.

Do you have any academic or professional experience, which would assist you in fulfilling this service position? I am currently working on a degree in Public Agency Service at NAU. In addition I have a degree in Civil Engineering and served as an Officer in the Army from 1964-1970 and as a Dam & Bridge Inspector for the Corp of Engineers from 1970-1977. In addition I owned my own business from 1980-1984.

P. I. committee member, 1 year H + I vice chair,
2 years H + I chair. 3 years-monthly H + I panel
commitment to Camp Pendleton brig. 2 years-monthly
H + I panel commitment to the Vista jail. 1 year-
monthly H + I panel to Beck Institute. All these
commitments ran concurrently with area and
regional meetings totalling about 12-13 service
meetings per month. I would prefer to select
a more moderate schedule this time around.

Resume

Name: Jerry H.

Address: 3921 E. University Dr., Phoenix, AZ 85034

Phone: 602-403-5778

Clean Time: 13 Years

Home Group: New Freedom

Position Sought: Region Vice Chair

Previous NA Commitments: Currently Region Secretary, H&I Meeting Chair at Tents & Tower Jails, GSR for It's Time, Business Meeting Chair for New Freedom, Meeting Chair at many different meetings.

What can I offer this position if elected: Sound leadership, level headedness, fairness, working knowledge of the Steps, Traditions, Concepts, and Consensus Based Decision Making.

What are some of your goals for this position if elected: To prrform the duties fo Vice Chair to the best ofmyh abilities, to be of assistance as needed, and to help facilitate the Region al meeting in an orderly fashion.

N.A. Service Resume

NAME Jack Tye
ADDRESS 28721 N. 142nd St. Scottsdale, Az 85262
PHONE # 602-377-1396 CLEAN DATE 6-16-1987
E-MAIL jt@ridgelineconst.com

SERVICE HISTORY (begin with most recent service, specifying whether Group, Area or Regional and listing approximate service dates. Use the back of this form or attach a separate sheet if necessary)

Dec 08 to present - GSR for Dynamite Recor.
Oct 07 to Oct 08 - GSR for Step in Time.
3 mos in 08 - Chair Step in Time Thursday night.
1994 - 2008 - Traveled extensively for work
all service commitments completed + handed off.
1987 - 1994 - San Diego North County
Area - numerous meeting chair positions,
1 year literature committee member, 1 year (over) →

Have you failed to complete or been removed from a service position in the last five years? If yes, please explain.

no

Are you willing to make the necessary commitment? yes

Do you have the time, resources and skills necessary to complete this service position? yes

Do you have any academic or professional experience, which would assist you and the Board of Directors in fulfilling this service position?

I'm a business owner and seeking to
serve wherever needed.

STATEMENT OF WILLINGNESS FOR ARSC CHAIPERSON

Name: Sherwood Thornton
Address: 3854 West Lawrence Road
Phoenix, Arizona 85019
Phone: 602-589-5158
E-Mail: woodster2290@cox.net

Clean Time: February 2, 1990 - 19 years
Home Group: New Freedom

I am seeking the Chairperson position for the ARSC for the 2009-2010 term
My service commitments in NA include GSR, ASR, Ad Hoc Chairperson, BOD incorporator,
ARCNA Chair and Vice Chair, and current ARSC Chairperson

I can offer 18 years of front line experience in the regional service committee.

Some of my goals if elected are to create solid fiscal accountability, responsibility and leadership.

Arizona Regional Service Committee May 2009

Chair Report

To the members of the ARSC:

Topic: Budgets

It was brought to my attention that the budgets that we are working under were developed by using a standard corporate formula. These budgets cannot be supported with our current income trend. These budgets expire soon but the funds requested will need to be carefully considered by this body, keeping in mind our mission statement and purpose. While on the topic of budgets I want to remind all candidates for regional positions that if elected you will need to submit a projected budget at the next regional meeting. Please include some line item facts and figures. These may be obtained by contacting the outgoing trusted servant in your position. I want to call it to everyone's attention that as a member of the body, becoming familiar with the regional guidelines is a requirement especially if you are a sub-committee Chair or Vice-Chair.

Always at your service

Sherwood T.

BANK ACCOUNT	9956754	MONTH OF	May-09
Balance at beginning of the month:			—————> \$1,488.81
Checks written during this month:			
DATE	CHECK #	PAYEE	REASON
5/1/09	EFT	Public Storage	May Storage Fee
5/17/09	1891	Ramona	Mileage
5/17/09	1892	Jeff DiGiulio	Mileage
5/17/09	1893	Rodney Helland	Mileage
5/17/09	1894	Craig Hamilton	Mileage
5/17/09	1895	Jason Smith	Literature for inmates
5/17/09	1896	Void	Void
5/17/09	1897	ACI	Meeting list printing
5/17/09	1898	Robert P	Mileage
5/17/09	1899	Vickie Willis	Mileage
5/17/09	1700	Ryan Eckhardt	Mileage
5/17/09	1701	Jason Smith	Literature for Panel
5/17/09	1702	Carolyn Gonzales	Mileage
5/19/09	EFT	Deluxe Checks	Reorder Checks
TOTAL CHECKS WRITTEN			—————> 2,297.14
Deposits made during this month:			
DATE	SOURCE		AMOUNT
17-May	Ken Farabee—correction for over payment		2.75
17-May	CANNA		64.42
17-May	CANNA		113.42
17-May	Yavapai		371.55
17-May	PASC NA		350.00
17-May	SE AZ Area		100.00
17-May	SW AZ Area		100.00
17-May	Vince G—correction for overpayment		39.98
17-May	South Central		20.00
17-May	East Valley Area		1,000.00
17-May	East Valley Area		233.00
17-May	West Valley Area		1,583.00
17-May	NASC		100.00
TOTAL DEPOSITS			—————> 4,078.12
Balance at end of the month:			—————> \$3,267.59
PREPARED BY:	Deb Dunham		
PHONE NUMBER:	802 330 1978		

Sunday, May 17, 2009

Good afternoon,

Have been working with the Peaks Area, will be doing a workshop at their June area on building strong home groups. There is also one more ITD which the region needs to look at. It is Our Freedom Our Responsibility. If your Area wants to do this ITD let Vince or myself know and we will be glad to do this for your Area. The Southeast Area RCM was talking to me about do the living clean project workshop for their area.

Have been working with Vince on the important stuff flyer.

After the last region I realized that I received \$2.75 too much from the region. The amount was the cost of my nieces 3 years medallion that I bought at the same time for the March Assembly. I have given a check to the treasure to correct this problem.

Hope to see you at the convention.

In loving service

Ken F.

RDA

rda@arizona-na.org

This was read and approved by the Arizona Region Service Committee at the May 17th Meeting.

WSC Candidate Submission Form for Gregory Williams

This was read and approved at the region on May 17th, 2009

1. Does the candidate possess the following qualities?

- a. String Recovery Program **YES**
- b. World Service Exposure **YES**
- c. Relevant Life Experience **YES**
- d. Strategic Planning Abilities **YES**
- e. Time Management Skills **YES**
- f. Creativity **YES**
- g. Problem Solving Abilities **YES**

2. Please Offer any additional information about this candidate's service history or abilities that might help us in our consideration process.

Greg has held most the service position at the Phoenix Area Service committee and the Region, along with a strong H&I background. He has helped our region with Consensus Based Decision, got our Public Relation committee going again at the regional level. He also has been CEO of the Regional Board of Directors Inc., Convention site locator, and insurance coordinator for the region.

3. Who made the decision to forward the candidate's Name to the HRP?

The entire committee/Board

4. Please describe, in detail the process used for making the decision to forward this candidate's name to HRP*

Idea was turned in by the RCM1 for the Phoenix Areas Service Committee and was approved by Consensus by the Arizona Region Service Committee at our March 15, 2009 meeting. Attached is a copy of the idea form and minutes from the meeting.

5. Please help us understand how this form was completed. Who responded to these questions and how were those responses formulated?

Ken Farabee RDA for the region completed the form and was read and approved by the RCM's at the May 17th meeting.

Good day All,

We have our 3rd issue of the regional directory for 2009. We ordered 10,600 directories this month, still at \$.07 each. There was another set up fee, at \$10.00 an hour, because we added "The Peaks" ASC and had about 2 excel pages of changes – quite a reduction of changes from our 1st 2009 printing.

- A glimpse of the process: Requests that are sent to MeetingList@Arizona-Na.org come to my inbox. I make the changes to the "master" directory for printing and then forward the changes to the webservant to correct the website. I have since created a follow up process to assure the changes are complete. I encourage you to occasionally check the website and contact me or the webservant if any changes are needed.

- Directory complaints: In order to address concerns expressed about the directory (we really do hate change, don't we?) the following changes have been made this month in the hopes of increasing the print size:

- Different ink color
- Reduce the day of the week to 2 letters instead of 3

The printer is happy to explore other ways to increase the font size. What we've tried at this point: remove the border, move the comments under the address, and change font type; none of these, combined, provided enough room to increase the print size to a noticeable degree so we will be exploring other options. Another option is to go to a larger paper size and the cost will be submitted with this report. Any suggestions related to the meeting directory will be considered and appreciated.

- World legend update: A task that requires your input is updating our meeting formats to align with World's to assure accuracy. I have sent the World Legend to all of you with the belief that you – or your designees – are better equipped to determine what your meeting format translations are. This is just for the update process for World, not the printed directory. As you review this with your groups determine if we need to make suggestions to World for their legend (such as "en espanol" and "ticket" meeting). Please note that some of World format codes will not apply to a meeting.

- Other suggested changes for the printed directory:

- 1) Add meeting types – O = open to general public; C = closed meeting for addicts only – above the legend.
- 2) Remove any reference to smoking/no smoking. AZ has a state-wide no-smoking policy and to identify a meeting as non-smoking is redundant and identifying a meeting as smoking may be seen as a direct violation of the law.
- 3) Add recurring monthly activities: dances, bingo, bowling, etc.
- 4) Add all ASC & respective subcommittees meeting times and locations. I have had a few responses but I need to make sure every ASC who wishes to have their info published has the opportunity to do so.
- 5) Revise our printed legend for easy translation to/from World's legend

I will be submitting revised draft guidelines for your input, review and possible approval to include with our current ARSC guidelines as a working draft.

What I've learned (or perhaps re-learned) ...

... that there is no way to please all addicts (This is my go-to-print mantra)

... regardless of a clearly stated deadline, there will always be last minute changes

... this subcommittee has plenty of tasks ahead, providing additional opportunities for involvement for eager sponsees, idle sponsors and well, anyone who's clean, breathing and willing.

... a follow up process is vital for any project

... some addicts are quick to criticize but slow to be a part of the solution

... the sincere expression of the words "Thank you" go a long way

... there is no way to please all addicts (worth repeating)

Thanks to you All for your commitments.

Bethany H
602-309-0488 – cell

ASC	1/09 QTY	D. DATE	3/09 QTY	D. DATE	5/09 QTY	D. DATE
CAN	100	F-09	200		100	
East Valley	2000	F-09	2200	M-09	2200	
Lake Havasu	100	no add	200	M-09	100	
Mohave County East	100	no add	200	M-09	100	
Navapac he	200	F-09	200	M-09	200	
Phoenix	4000	F-09	2500	M-09	2500	
South Central	200	F-09	200	M-09	400	
Southeastern	1000	F-09	1100	M-09	1100	
Southwestern	100	no add	100	M-09	200	
The Peaks					300	
Verde Valley	500	F-09	1150	M-09	200	
West Valley	1000	F-09	1000	M-09	1450	
Yavapai	550	rtrnd	550	M-09	550	
ARCNA					300	
ARSC H&I			300	M-09	300	
ARSC PR			300	M-09	300	
ARSC RD/RDA	100	F-09	200	M-09	150	
ARSC DC.	50		100	M-09	150	
ORDERED	10,000		10500		10,600	
\$ TOTAL	#####		#####		#####	

Please bear in mind this is a work in progress and what follows are the author's suggestions with plenty of room for improvement. Thank you. Bethany H

PURPOSE: To assist in maintaining accurate meeting listings on both World and Arizona NA websites and produce NA Arizona Regional directories as directed by RCM's.

RESPONSIBILITIES:

- create and improve 2-way communication process between Directory Committee & RCM's about meetings in Arizona Region
- update databases and websites to assure accurate reflection of meetings
- print and distribute meeting directories per RCM direction
- give report at each ARSC

REQUIREMENTS: See ARSC '08 approved Guidelines

POSITIONS: Chair, Vice-Chair, Secretary, ARSC website liaison, directory liaison, members-at-large for various tasks

DUTIES: expected of all committee members:

- stay clean, work an NA program, give back
- attend on-line Directory Committee (DC) meetings. Face-to-face meetings upon request
- communicate, communicate, communicate
- Recruit new members

Additional duties for each position –

Chair

- prepare and distribute agenda for Directory Committee (DC) meetings
- Facilitate DC meetings, following guidelines including consensus-based decision-making (CBDM)
- Submit committee budget
- Complete tasks of unfilled positions

Vice-Chair

- same as Chair duties listed above with additional responsibility of acting as Chair in the event of Chair's absence.

Secretary

- record and distribute minutes to DC

Website liaison

- submit meeting changes on Regional website to webservant in timely manner
- provide bi-monthly report to DC of all changes
- interface with Webmaster about technical issues
- respond to MeetingList@Arizona-Na.org inquiries
- Copy PR Chair on all correspondence

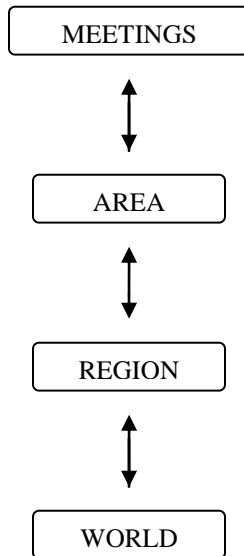
Directory liaison

- interface with printer and DC

members-at-large

- provide insight, direction and support by your mere presence.

PROCESS:



MEETING – There are several possibilities at this level:

- A meeting in your Area can register with World AND have representation at your Area Service Committee (ASC).
- A meeting can also register with World and NOT attend or notify ASC
- A meeting can come to Area and not register with World

AREA – Each ASC has their own meeting validation process which will hopefully incorporate the 2-way communication necessary for accurately recording meetings on our Regional website

REGION –

RCM – provide changes directly to DC

DIRECTORY – provide changes to meetings on website that are generated from other sources than RCM's

WORLD – Has an interface that will do a 2-way update – when we submit a change it will update World website and vice-versa.

Current WORLD Meeting format codes

Code	Meaning
BEG	Beginner/Newcomer
BT	Basic Text
CAN	Candlelight
CPT	12 Concepts
CW	Children Welcome
DISC	Discussion/Participation
GL	Gay/Lesbian
IP	IP Study
IW	It Works Study
JFT	Just For Today Study
LIT	Literature Study
M	Men
MED	Meditation
NS	Non-Smoking
QA	Questions & Answers
RA	Restricted Access
SMOK	Smoking
SPK	Speaker
STEP	Step
SWG	Step Working Guide Study
TOP	Topic
TRAD	Tradition
VAR	Format Varies
W	Women
Y	Young People

SUGGESTED for ARSC printed:**MEETING TYPES:****C: Closed meeting, addicts only****O: Open to general public****Meeting format codes**

Code	Meaning
BT	Basic Text
CL	Candlelight
CT	12 Concepts
D	Discussion/Participation
ES	En Espanol
G	Gay/Lesbian
H	Handicap access
IP	IP Study
IW	It Works Study
J	Just For Today
L	Longer than an hour
LS	Literature Study
M	Men
ME	Meditation
N	Newcomer
O	Outdoors
QA	Questions & Answers
R	Rotating/varied format
RA	Restricted Access
S	Speaker
SS	Step Study
SWG	Step Working Guide Study
TK	Ticket
TO	Topic
TS	Tradition
W	Women
Y	Youth

Report to the Region from ARCNA 23 Chair - May 17, 2009

Hello all,

We have all been hard at work and we are excited about the convention!

As of today we have sold:

- 295 Registrations
- 202 Banquet
- 139 Breakfast
- 231 Comedy Show

We will have comedy tickets as well as SOME banquet and breakfast tickets available at the Registration desk.

As of today we have sold approximately 530 Room nights - but there still may be some cancellations. Our room block has been met and Phyllis our Host chair, continues to monitor the numbers daily.

There will be some underground space and in addition there are plans being discussed for additional areas for motorcycle parking.

- Belinda and the Registration committee has done an fantastic job of getting most of the areas involved in the workshops.
- Michele and the Merchandise committee has some great items to sell.
- The Alternative Merchandise tables will be set up Sunday, and we are asking the folks do NOT sell Jewelry since we do have our Jewelry vendor and he will have hours on Sunday morning as well.
- Michael and the Program committee met on Friday to prepare the registration bags and newcomer items.
- Bernie W and John B have created fantastic arts and graphics. The banner, programs, signs, etc look wonderful.
- Our Host Chair, Phyllis S has been doing an amazing job monitoring the room block and finalizing all the configuration details with both our committee and the hotel. Phyllis and I will be meeting with the hotel for our pre-convention meeting on Monday.
- Jacki, our treasurer, has kept the Board informed of the detailed accounting of our check book.
- Dana- our vice chair will be bringing down the supplies from the storage locker and returning the items after the convention. Several committee members will help Dana do another inventory when we are packing up.
- All the committee members including Nick our secretary are keeping detailed records to pass on to ARCNA 24 in June.

Dana has brought flyers for ARCNA 24 elections and she will be passing them out today.

I know that Dana, Christine, and Michael are running for positions for ARCNA 24. I think they were all awesome this year and I feel that they will do a great job next year.

We are looking forward to seeing you all there!

In loving fellowship,

Ellen

You make the difference

ARCNA XXIV

2010

REGISTRATION * INFORMATION * SECRETARY
MERCHANDISING * FUNDRAISING & ENTERTAINMENT
HOTEL LIAISON & HOSPITALITY * ARTS & GRAPHICS
PROGRAM & MARATHON * SOMETHING FOR EVERYONE

Don't miss out

"The therapeutic value of one addict helping another"

Election meeting will be Sunday July 19th at 4 pm

St. Lukes Behavior Health Center, 18th Street and Van Buren

It will be right after Region, so all of Arizona can participate with ease

For more information please contact Dana G. (480) 678-0428 gratefullyclean@gmail.com

ARIZONA REGIONAL CONVENTION OF
NARCOTICS ANONYMOUS

www.arizona-na.org



We will be utilizing internet, email
and instant messaging for many of
the meetings eliminating all your
travel concerns

You make the difference

You make the difference

You make the difference

ARIZONA REGIONAL PUBLIC RELATIONS COMMITTEE REPORT

MAY17, 2009

HELLO MEMBERS OF THE REGIONAL SERVICE COMMITTEE. I HOPE THAT RECOVERY AND SERVICE FINDS YOU WELL. THERE ARE SOME GREAT EVENTS COMING UP THIS YEAR, AND HOPEFULLY THIS COMMITTEE WILL BE PROVIDING LOTS OF ASSISTANCE AND TRAINING TO THE AREAS IN THIS REGION. I WILL NOT BE RUNNING FOR ANOTHER TERM, BUT I WILL STILL MAKE TIME TO PARTICIPATE IN YOUR TRAINING DAYS AND WORKSHOPS.

PUBLIC RELATIONS EFFORT IS DOING WELL; THERE ARE A FEW EVENTS OCCURRING IN THE STATE DURING AUGUST AND SEPTEMBER (WHICH IS RECOVERY MONTH).

1. AUGUST 2009: BACK TO SCHOOL KICKOFF 2009; FRIDAY NIGHT LIGHTS AT ASU. WE CAN HAVE A BOOTH AT THIS EVENT TO PROVIDE LITERATURE FOR SCHOOL AGE YOUTH AS WELL AS PARENTS AND TEACHERS. THIS EVENT IS ABOUT DRUG PREVENTION AND ALL HIGH SCHOOL AND FACULTY AND STAFF HAVE BEEN INVITED TO ATTEND. I HAVE AN EXPECTATION THAT THE LOCAL AREAS IN PHOENIX METRO WILL DONATE LITERATURE AND MEETING LIST FOR THIS EVENT. **THIS EVENT CAN BE COORDINATED AND PUT ON IN CONJUNCTION WITH THE THREE AREAS IN THE PHOENIX METRO AREA.**

BUDGET:

BOTH FEE	\$100
LITERATURE	\$150
TOTAL	\$250 JULY PAYMENT

2. AUGUST 23 TO 27, 2009: SOUTHWESTERN SCHOOL FOR BEHAVIOR HEALTH STUDIES CONFERENCE. THIS EVENT WILL BE HELD AT THE LOEWS VENTANA CANYON RESORT, I WILL COORDINATE WITH THE REGISTRATION OFFICE FOR ADDITIONAL REGISTRANTS IF WE NEED THEM. THERE WILL BE A NEED THE HELP OF THE TUCSON FELLOWSHIP BECAUSE THIS EVENT LAST THE ENTIRE WEEK. THERE IS A NEED FOR THE LOCAL PI MEMBERS TO MAN THE BOOTH MONDAY THROUGH WEDNESDAY HOPEFULLY THE SOUTHWESTERN AREA WILL DONATE SOME LITERATURE AND LOCAL MEETING LIST FOR THIS EVENT. THIS IS A MAJOR EVENT IN THE TUCSON AREA AND ADDICTION PROVIDERS FROM AROUND THE COUNTRY WILL BE IN ATTENDANCE, WITH DISPLAYS. THIS EVENT WILL ALSO BE PROVIDING 27.5 HOURS OF CONTINUING EDUCATION FOR ARIZONA AND CALIFORNIA BEHAVIOR HEALTH PROFESSIONALS, SO WE WILL DEFINITELY HAVE AN AUDIENCE TO SHOWCASE OUR FELLOWSHIP. **IF THERE IS A NEED TO DO THIS EVENT, IT SHOULD BE DONE WITH THE AREAS IN TUCSON FOR ECONOMIC AND LOCATION REASONS.**

BUDGET:

BOTH	\$475	360 BEFORE JULY 24TH
LITERATURE	\$200	
PER DIEM	\$100	2 DAYS
TRAVEL	\$100	2 TRIPS
TOTAL	\$875	\$760 BEFORE 9/24/09

3. THE ART OF RECOVERY: 9AM TO 5PM, THE PHOENIX CONVENTION CENTER, HALL G. THE EVENT WILL OCCUR SEPTEMBER 19, 2009 AT THE PHOENIX CIVIC PLAZA CONVENTION CENTER. I WILL NEED TO KNOW ASAP WHO THE PI CHAIRS ARE FOR THE PHOENIX METROPOLITAN AREA SO THAT I CAN GET THEM BADGES, AND I WILL NEED ADITIONAL FUNDING FOR ELECTRICAL SERVICES. IT WILL BE GREAT TO SEE MORE OF OUR MEMBERS ATTENDING THIS EVENT, CHECKING OUT OUR BOOTH AND FOR THE LOCAL PI COMMITTEES TO PARTICIPATE.

BUDGET:

BOTH	\$250	MUST PAY ASAP
LITERATURE	\$500	
TOTAL	\$750	

4. WE WILL ONCE AGAIN HAVE AN ADD IN THE BEST OF PHOENIX MAGAZINE, THE FEES THIS YEAR WENT UP TO \$2400 OFOR A 1/16 PAGE ADD. WE ARE PAYING \$1140 BECAUSE WE ARE A RETURNING CLIENT AND HAVE A 5% DISCOUNT. LOOK FOR THE PUBLICATION IN SEPTEMBER. I WILL NEED UPDATES ON ALL OF THE AREA HELPLINE NUMBERS ASAP SO THAT I CAN MAKE REVISIONS TO THE AD.

BUDGET:

ADD FEE	\$1140	OPTIONAL
---------	--------	----------

5. WESTERN SERVICE LEARNING DAY WILL BE HELD IN FRESNO CALIFORNIA, OCTOBER 23, 24, AND 25, AT THE RADISON HOTEL.

BUDGET:

AIR TRAVEL	\$250	
SHUTTLE TRAVEL	\$120	
HOTEL	\$315	3 NIGHTS (\$105)
PER DIEM	\$200	4 DAYS (\$50)
REGISSTRATION	\$100	(Not posted yet)
TOTAL	\$985	

6. LITERATURE PURCHASE WILL BE INCREMENTAL:

NOVEMBER	\$250
JANUARY	\$500
APRIL	\$500
TOTAL	\$1250

7. WEB SITE BUDGET **\$500**
THIS INCLUDES GODADY AND PAYMENT SOFTWARE

8. COMMUNITY REFERRAL SERVICE **\$105**

TOTAL BUDGET FOR PUBLIC RELATIONS IS \$5865.

OPTIONAL BUDGETARY (ITEMS IN BLUE) ITEMS FOR THIS YEAR ARE:

- AUGUST 23 TO 27, 2009: SOUTHWESTERN SCHOOL FOR BEHAVIOR HEALTH STUDIES CONFERENCE. **\$875**
 - THE BEST OF PHOENIX MAGAZINE. **\$1140**
- | | |
|--------------|---------------|
| TOTAL | \$2015 |
|--------------|---------------|

TOTAL BUDGET, MINUS OPTIONAL ITEMS IS **\$3850** FOR THIS YEAR

PLEASE SEND THE WEBMASTER YOUR CHANGES IN MEETINGS, TIMES, LOCATIONS, AS WELL AS EVENTS FOR THE CALENDAR. SEND US A FLYER SO THAT WE CAN POST THAT ALSO.

IF THERE IS AN AREA THAT NEED MY ASSISTANCE OR IS DOING A LEARNING DAY PLEASE NOTIFY ME, GIVE ME TIME TO SCHEDULE AROUND WORK. I AM WILLING TO SERVE UNTIL SOMEONE IS FOUND.

THANKS

IN SERVICE ALWAYS,

GREG W.
PR CHAIR

602-368-4025/602-358-4362 gwill2u@cox.net / gwilliams@scottsdaleaz.gov

H & I REPORT FOR MAY, 2009

Yo, what is up, peoples? We are feelin' purty good over here; writing addicts in jail, writing addicts in prison, doin' meetings behind the walls, giving addicts literature so they can recover. Yup, yup. Feels purty good to be us. You should check it out. First one's free.


Anyhow, Sponsorship Behind the Walls is up and running. We are sponsoring three people so far, two men and one woman. I had some requests for literature from inmates and filled them. The mail is being answered in a timely manner.

I came up with a budget for the 2009 – 2010 term. This budget is very simple and much smaller than the last one. It is attached.

Lastly, I will not actually be running for a second term as H & I Chairman but I am willing to be appointed until a CAPABLE, COMMITTED individual emerges or I get too busy. I am going to ASU full-time starting in August and I am not sure I can follow through on a year commitment. I have been seeking a replacement but nobody sounds too enthused. I don't want the work we have done to go to waste so please let your Areas know that we need that special person to help us out.

Love and Service,

Jason Smith



H & I BUDGET 2009 – 2010

MONTH	LITERATURE	MISC. EXPENSES*	TOTAL
SEPT.	500.00	500.00	1000.00
NOV.	500.00	100.00	600.00
JAN.	500.00	100.00	600.00
MAR.	500.00	100.00	600.00
MAY	500.00	100.00	600.00
JULY	500.00	100.00	600.00
TOTAL BUDGET = 4000.00			

*THIS INCLUDES POSTAGE, PRINTING, TRAVEL, ETC.

My Accounts Page for ARIZ REGIONAL SERVICE COMMITTEE

Sunday, May 17, 2009

My e-mail address:spena12@cox.net

If this is incorrect , please log on to chaseonline.chase.com and update it now
 Last logged on : 11:13 AM EST on 05/16/2009

Announcement

Due to scheduled maintenance, some rewards information will be unavailable Thursday, May 14 at 4:00 PM ET through the afternoon of Sunday, May 17

In addition, some card account balance information will be unavailable Saturday, May 16 at 11:45 PM ET until around 9:00 AM ET on Sunday, May 17
 (Posted May 11)

Account Summary

Business Accounts Present Balance

ARIZ REGIONAL SERVICE COMMITTEE Deposit Accounts: \$29,795.75

Deposit Accounts Total balance:\$29,795.75

Account		
BUSINESS CLASSIC (...6754)	Present balance	\$3,644.65
	Available balance	\$3,644.65
BUSINESS CLASSIC (...5672)	Present balance	\$17,770.80
	Available balance	\$17,770.80
BUSINESS CLASSIC (...4949)	Present balance	\$233.89
	Available balance	\$233.89
BUSINESS CLASSIC (...1875)	Present balance	\$2,864.21
	Available balance	\$2,864.21
BUS MONEY MARKET (...5266)	Present balance	\$5,282.20
	Available balance	\$5,282.20

12:53 AM
05/17/09
Accrual Basis

Arizona Regional Service Committee, Inc.
Profit & Loss
January through December 2008

	Jan - Dec 08
Income	
401 · Contributions, Gifts and Grants	19,631.05
405 · Miscellaneous Income	2,937.51
406 · Bank Interest	13.18
410 · Fundraising Revenue	
411 · T-shirt sales	991.00
413 · Registration	28,017.78
410 · Fundraising Revenue - Other	6,246.07
Total 410 · Fundraising Revenue	35,254.85
415 · ARCNA Convention Revenue	42,806.36
Total Income	100,642.95
Cost of Goods Sold	
510 · Fundraising Merchandise	
511 · T-shirt purchases	898.38
513 · Event supplies	2,821.00
514 · Conv. Entertainment	3,351.48
515 · Hotel-Convention	1,500.00
516 · Convention Brochures	1,693.86
510 · Fundraising Merchandise - Other	3,597.27
Total 510 · Fundraising Merchandise	13,861.99
Total COGS	13,861.99
Gross Profit	86,780.96
Expense	
517 · Fundraising	180.00
518 · Convention Expense	18,549.31
520 · Registration Expense	443.69
611 · Rent	2,371.51
612 · Bank Service Charges	176.00
613 · Credit Card Fees	896.84
614 · Voided Checks	0.00
618 · Insurance	3,467.73
625 · Postage & Shipping	317.98
626 · Printing and Reproduction	1,075.84
627 · Professional Fees	691.25
628 · Hotel Costs	1,483.26
635 · Travel & Lodging	
636 · Entertainers & Speakers	909.45
637 · Members travel	12,071.62
Total 635 · Travel & Lodging	12,981.07
655 · Office Supplies	113.02
700 · Program Expense	
702 · Literature & Public Information	6,886.67
703 · Members Seminars & Training	258.70
704 · Donation-Region	15,317.90
700 · Program Expense - Other	1,860.56
Total 700 · Program Expense	24,323.83
705 · Donation NAWS	14,000.00
Total Expense	81,071.33
Net Income	5,709.63



**ARIZONA REGIONAL LITERATURE
SUBCOMMITTEE**

4225 N. 36th St no 17
Phoenix, Arizona 85018

T 602-435-5747
F 602-956-8703
jimbservant@me.com

May 17, 2009

ARIZONA REGIONAL SERVICE COMMITTEE

P.O. BOX 1351
PHOENIX, ARIZONA 85001

Literature Chairperson

Jim B.

Hello All,

Over this last two months we have established a Literature Committee. Consisting of eight members, with an average attendance of four. We have been meeting weekly at this point, however officially we are meeting on the first Tuesday of the month at 8:30 p.m. at 1601 W. Indian School Blvd. right after the Options for Group.

We recommend the formation of literature workgroups (committees) in all Areas. An ad hoc committee may suit most areas best.

The project we are currently working on is NAs' next book "Living Clean The Journey Continues". This publication will pick up where the Basic Text leaves off. Its primary focus will be to expand on what happens to us as we grow in recovery.

If effort is made to set up Work Groups you will find a lot of interest in this project, and find it to be a very unifying force in your Areas. I have attached materials for getting started to this report.

Every one has something to contribute to this project. If you write steps you can write for this.

Happy Writing,

In Loving Service,

Jim B.

Welcome to www.NA.org - The website for the Fellowship of Narcotics Anonymous


- Home
- Information about NA
- NA Literature
- Facts About NA
- Is NA for Me?
- Find a Meeting
- Order Literature Online
- Public Relations
- Resources for Professionals
- Periodicals and Reports
- The NA Way Magazine
- Contact NA World Services
- Search the Web Site

Living Clean - The Journey Continues

[Home](#) > [Information about NA](#) > Living Clean - The Journey Continues

How to Use the Site

What's New? 



Living Clean The Journey Continues

More Will Be Revealed. the Basic Text tells us - and more has been revealed in the lives of countless addicts around the world in the twenty-five years since our text was published. "Hopeless living problems have become joyously changed. Our disease has been arrested, and now anything is possible," it goes on. Inspiring words, to be sure, but what exactly does that mean for you? This is the question with which we begin our newest literature project, Living Clean - The Journey Continues.

We are recovering in the here and now and the future becomes an exciting journey.

Basic Text

The same principles that got us clean continue to be the tools that help us live happy, productive lives as we stay clean through all kinds of life events. But we may struggle sometimes in knowing how to apply those tools, or even in believing that they are still relevant to us.

Our vision for Living Clean - The Journey Continues is that it will be a book for all of us as we grow in recovery. We want to collect our experience as a fellowship in dealing with the very human challenges that make up our lives, and the very particular ways our addiction - and our recovery - lead us to respond and grow.

To realize this vision, we need you. We invite you to share your experience in recovery. Tell us about the times when life threw you a curve - good or bad - and NA gave you the tools to respond to it. Tell us about finding the passion - or being graced with it - to make NA a way of life for you. Tell us about the night the newcomer in your home group said the words that changed your recovery. We want to hear about it.

In the twenty-five years since the Basic Text came out, without question, More Has Been Revealed. Miracles have happened in all our lives. We have grown. And we have learned. Please join us in bringing together our collective experience and wisdom, so we can learn from each other and share what we've learned with the members we haven't met yet.

We've included some questions to get you started. You can answer them online by [clicking here](#), email your responses to <mailto:worldboard@na.org>? [subject=Living Clean Project](mailto:worldboard@na.org?subject=Living Clean Project), or you can write down your answers and send

<http://www.na.org>
<http://www.na.org/survey/index.php?sid=6945&lang=en>
worldboard.na.org
www.na.org

them to us (NAWS, Living Clean; PO Box 9999; Van Nuys, CA 91409 USA). You can answer the questions alone or with your home group, friends, committee, or sponsees. Interview an oldtimer. Ask the guys smoking outside the NA dance to tell you the best thing they've heard at a meeting. But please - take some time to tell us what rocks your recovery.

Pass this on. If you got this as an email, please forward it. If you received a paper copy of this announcement, make more copies. Announce it at meetings. Take it to area. Tell your friends. Pass the word - and send it in. We're waiting to hear from you.

The questions that follow are a guide to get you started, but don't let them limit you - if you have a story you want to tell us, or a great line you want to share, by all means include it. You can answer these directly by [clicking here](#) or use them as a guide - whatever feels right to you.

Turning points

Think about a time when it didn't seem to make sense to stay in NA. What made you re-commit? What did someone say that clicked? What happened that made going to meetings, or working a program, feel meaningful again? How did another addict get in when your walls were up?

Overcoming obstacles

What obstacles along the path have you overcome? What warnings would you caution others about in recovery? What was the closest call to a relapse you encountered?

Growing in recovery

Tell us about the things you've heard, or experiences you've had, that have stuck with you throughout your recovery. What are the experiences that deepened your recovery? What gems have you heard shared that made an old message seem new? What lessons have you learned in recovery that changed your perspective and caused you to appreciate your recovery on a deeper level?

[Back to main WSC Page](#) | [Back to Home Page](#)

Living Clean

Topic outline

Chapter 1. Why we are still here

Once we've gotten clean, and we've stayed clean a while, why do we stay in NA? In this chapter we try to answer in terms of the Twelfth Step and the Tenth Chapter: we try to practice these principles in all our affairs, and more is revealed to us as we go forward. But the truth is that recovery isn't always an easy process; there are crises and obstacles we all face, at some time or another. For some of us who are the oldest-timers in our areas, recovery can sometimes feel pretty lonely - even when we're in the middle of the fellowship. Finding the spark that makes recovery an ongoing, rewarding and exciting journey requires an active change in our ideas and attitudes - not just once, but again and again.

- Desperation to passion
- Making NA a way of life
- How do we stay
- Why do we stay
- Moving from the disease versus moving toward recovery
- Transitioning out of "being a newcomer"
- Spiral staircase - patterns in recovery not always linear
- Moving from desperation to passion

Chapter 2. who we are

The first time we say, "I am ... and I am an addict," we begin to change our identity, our understanding of who we are. Our recovery is a constant process of accepting ourselves and changing ourselves, and this chapter seeks to describe some of the ways that we get comfortable with ourselves and the people around us, and begin to let go of what no longer fits. As we allow the principles we practice to become a part of us, we find that we are deeply changed - and truly ourselves.

- Change is Messy
- Reinventing ourselves
- Life Stage Stuff - seeing ourselves as we are becoming
- Self love/self respect
- Breaking patterns, practicing principles
- Isolation
- Alienation
- Other aspects of addiction - symptoms of the disease
- Embracing the positives
- Race ethnicity gender sexuality prejudice
- Using new tools
- Attitudes becoming attributes - internalizing the principles

Here are some other avenues to offering input for this project:

Complete the survey at: http://www.na.org/?ID=Living_Clean_Project

Send an email to: LivingClean@na.org Or join the Discussion Boards, see <http://www.na.org/le/> for more info.

And, of course, you can mail to: PO Box 9999 Van Nuys, CA 91409

Living Clean

Topic outline

Chapter 3. What we are – Physical Selves

Learning to live in and with our bodies – not intended to do the same work as the booklet, *In Times Of Illness*, we hope here to talk about living with our physical selves more broadly – the way we treat ourselves in recovery, learning to find pleasure in being physically alive and aware – and facing our aging, our vulnerability, and our mortality.

- Physical part of recovery
- Risky behavior (not just sexual)
- Sex & sexuality
- Wellness and health
- Mental Health
- Illness
- Aging
- Dying

Chapter 4. who we are in relation to others – Relationships

The BT tells us that we come into recovery as “devious, frightened loners”—and that the ultimate weapon against the disease of addiction is another recovering addict. Our recovery is based in relationships, but most of us struggle with them in one way or another. Our relationships with one another in the rooms, with the families we come from and the families we create, are all places where we learn to practice the principles. Creating healthy relationships with healthy boundaries outside of the rooms is another area where we may look to one another’s experience for guidance.

- Biological family
- NA as “family”
- Romantic and non-romantic relationships
- Employment

Chapter 5. How we are perceived – Acceptable, Responsible and Productive

As we get some time in recovery we get some time in the world, as well. Social acceptability does not equal recovery, to be sure, but that doesn’t mean they’re mutually exclusive, either: for many of us it is something we must learn along the way. Our work habits and our beliefs about work, education, money and stability change and grow as we stick around – sometimes in surprising ways. Learning

Here are some other avenues to offering input for this project:

Complete the survey at: http://www.na.org/?ID=Living_Clean_Project

Send an email to: LivingClean@na.org Or join the Discussion Boards, see <http://www.naws.org/le/> for more info.

And, of course, you can mail to: PO Box 9999 Van Nuys, CA 91409

Living Clean

Topic outline

to deal with success and failure, with risk and responsibility, with stability and change are all part of the process some of us call "growing up in recovery."

- Gaining Social Acceptability
- Institutions
- "Success stuff"
 - Responsible Productive Members of Society
 - Employment
 - Education
 - Disclosure of NA membership to others
 - Seeing ourselves as we are becoming
 - Self love/self esteem
 - Costs of success – challenges
- Failure in recovery –
 - Professional
 - Financial
 - marital

Chapter 6. The Journey Continues

As we continue in recovery the gifts that we receive grow greater – and the difficulties we face deepen, as well. There seem to be some things we share in common along the journey: most of us find ways to serve others, in or out of the fellowship, and in service we are confronted with our own limitations, including the limits of our compassion. We endure the loss of fellow members and sometimes of our loved ones, and learn to live through grief. We also find that the drama that once engaged so much of our time and energy no longer takes up as much room in our lives. Some of us also notice particular patterns at particular moments in our recovery – stages that we go through as we grow.

- Service
- Complacency and how to reenergize ourselves and our recovery
- "The black hole"
- Stages of recovery:
 - Anniversary blues
 - The Change at 5: a new awakening
 - The Change at 10: a new surrender
 - The Change at 20: a new perspective
- Am I well yet?
- Surviving our emotions
- Post convention depression/blues
- Loss
- Adjusting to lack of drama
- When members leave

Here are some other avenues to offering input for this project:

Complete the survey at: http://www.na.org/?ID=Living_Clean_Project

Send an email to: LivingClean@na.org Or join the Discussion Boards, see <http://www.naws.org/le/> for more info.

And, of course, you can mail to: PO Box 9999 Van Nuys, CA 91409

Living Clean

Topic outline

Chapter 7. Living Spiritually

As we go forward as members with time, we find that our lives take on a richness and texture that we might never have imagined. More has been revealed to us, more is being revealed every day, if we are open to it, and more will be revealed as long as we continue on the journey of recovery. What is our vision of hope today? How do we move toward that, and what are the obstacles to our spiritual growth?

- What are spiritual principles, and how do I apply them?
- Opening us to all life and the world has to offer
- Priority setting
- Spirituality (mental, physical, spiritual disease)
- Prayer and meditation
- Desperation to Passion
- Service

Here are some other avenues to offering input for this project:

Complete the survey at: http://www.na.org/?ID=Living_Clean_Project

Send an email to: LivingClean@na.org Or join the Discussion Boards, see <http://www.na.org/ls/> for more info.

And, of course, you can mail to: PO Box 9999 Van Nuys, CA 91409

Living Clean

Topic outline

This set of questions is presented as a springboard for developing source material for the book. Please feel free to use these questions or to respond to the topics in your own manner.

We are looking for the emotional connection of our members' experience not the clichés we hear at meetings. We are not trying to make a bulleted list. This is a way of gathering additional source material for the book. Rather than try to address the entire outline focus on a chapter and the general topic it is designed to address.

Describe a crucial moment in your recovery related to the topic of the chapter you on which you are focusing.

What did you learn?

What do you wish someone had shared with you?

What surprised you about the experience?

Keep in mind those moments can occur as a result of great catastrophes or great blessings, during instances of success/failure or as a moment of awareness that shifts our view about our recovery.

Here are some other avenues to offering input for this project:

Complete the survey at: http://www.na.org/?ID=Living_Clean_Project

Send an email to: LivingClean@na.org Or join the Discussion Boards, see <http://www.na.org/le/> for more info.

And, of course, you can mail to: PO Box 9999 Van Nuys, CA 91409

May 17, 2009

I am afraid my name is Chuck
West Valley has 15 Home groups
and after doing and re doing
our budgets we went 89% ~~over~~ over
our prudent reserve we were able
to send Region a check for

\$1583.00

yours In service

Also there will be no strobe or
fast moving lights at area dances
West Valley area dances

Verde Valley Area

May 17th, 2009

Our meetings in our Area continue to grow. We have a new meeting on Sunday in Camp Verde at 10pm at the Jewel House. We have no donation at this time as our Area is below prudent reserve. Our H&I panel at the Camp Verde Jail continues to grow, offering the addicts behind bars many meetings weekly now instead of only monthly.

In Loving Service,

CeCe S.
RCMI

Dear family

Things are well in the South West,
We are all consumed in preparation
for MACCNA 4. Speakers are set
but we are still looking for work shop
speakers & marathon chairs, if there
is a desire to serve please contact
us via E-mail MACCNA2@GMAIL.COM
OR by phone (28) 502-2201. The hotel
is a 20,000 sq ft w a Lazy River in
the middle of it and its all brand
New facility. Our Comedian is one of
us w/ 16 yrs Clean this month. IF
you need flyers for this event please
see me for them. We just completed
our Asc Elections and most positions
are filled. We have a \$100⁰⁰ donation
to Region.

In Loving Service

Rodney H. RCM1 SWAANA
(928) 210-7064
qr8ful4NA-9@3@yahoo.com

Greetings from Phoenix Area Service Committee,

Short & Sweet this month:

2 ideas submitted and agreed upon of note were

1) Do something different than strobe lights at NA functions so that those with an aversion to flashing lights can attend. Greg W advised our Activities committee Chair that now that we are aware of this concern we are liable for any harm that may come to an individual due to strobe lights.

2) Our Outreach committee, who is responsible for distributing directories and compiling info on meetings (as well as other tasks) suggested that our literature order form include the number of meeting directories the home group requests. This is so we can get an accurate idea of how many we use and hopefully meetings will start being aware of a need to be responsible...directories cost money and we hope to be prudent.

Love and gratitude,
Bethany H

My name is Crystal and I am an addict.

- NA Learning Day is being held on, Saturday June 20, 2009 at 11:00 a.m. at 236 S. Tucson Blvd. This event is touted as a excellent opportunity to learn more service work in our fellowship. In addition to the Learning Day activities, such as question and answer sessions and sub-committee presentations, there will be Building Better Home Group workshop. Also, there will be a BBQ and speaker meeting. *All are welcome to attend!*
- In the spirit becoming more fiscally prudent, our Area has decided to reduce the amount of Southeastern Area meeting lists by 50% by producing them every other month, opposite of when the Regional meeting lists are distributed.
- There was lots of interest generated in the Living Clean Project. Several addicts from our Area discussed completing the on-line survey. They were very interested in been a part of an event in which addicts worldwide could actively participate.
- We are also in the process of reviewing our Area's guidelines. There always seems to be a lot of discussion about what's wrong with them, however, it's sometimes difficult to persuade GSR's to participate in the process of developing them, so that they may best meet the needs of the addicts they serve.
- Our Area has now switched to a more user friendly, web-based phonenumber (Accessline). It will be up and running in about a month.

After much lively discussion, GSR's voted to send \$100.00 to Region.

Yours in service,

Crystal B.

RCM I

<http://mail.google.com/mail/?ui=2&ik=a40f89dff9&view=att&th=121413d0b0eb364e&att...> 5/17/2009

5/17/09

South Central Arizona Regional Report

LAST MONTH SOUTH CENTRAL WELCOMED A RAY OF HOPE FROM MARICOPA TO OUR AREA. WE NOW HAVE MEETINGS IN CASA GRANDE, COOLIDGE, GLOBE, MIAMI, AJO AND MARICOPA.

WE WILL BE CELEBRATING OUR AREA'S 3RD ANNIVERSARY NEXT MONTH WITH A STEAK FRY. ALTHOUGH WE ARE STILL BELOW PRUDENT RESERVE, WE DECIDED TO DONATE \$20 TO REGION IN APPRECIATION FOR THE MEETING LISTS. MANY THANKS TO BETHANY AND HER COMMITTEE OF ONE.

WE DON'T WANT TO BE GREEDY, BUT WE ENJOYED HOSTING THE SPRING REGIONAL ASSEMBLY. WE WANT TO PUT OUR AREA UP FOR CONSIDERATION FOR THE FALL ASSEMBLY. SOUTH CENTRAL ROCKS!

**THANKS,
JEFF D. SCAZ RCMI**

LAKE HAVASU REGIONAL REPORT
RCM RYAN E.

05/17/09

Hello family we have just replaced our H & I P&I positions.

Swanson group would like to put in a request for a learning day the next available spot.

The next unity day is in Kingman on 06/13/09 *MEDCALF PARK 11.00AM to ?*

Summer started this weekend it's up to 112 degrees so feel free to come on down and enjoy the lake

And good times to be had.

UNITY DAY DIRECTIONS - RICK HOAGE - 928-846-0458



NAVAPACHE AREA SERVICE COMMITTEE

May 17, 2009

Cancelled last Area meeting on April 11, 2009 at 3:00pm
after the NA Easter activity in Holbrook.

Starts @ 5:30pm at Snowflake Library. Ed G. – Chair opens
the meeting with a moment of silence followed with the Serenity
and Service prayers,

Open forum: All need to try harder to be on time for the NASC – Todd GSR, all agree to make the effort.

GSR Reports

Holbrook, St Johns: no GSR, Show Low White Mountain Home Group, Show Low Renegades Group indicates that the NavApache home groups are going well, some decrease in meetings observed. In Holbrook, considering to increase meetings from 5 days a week to 7 days a week.

Activities: Rick – Easeter activity at historical Holbrook court house was a success, with an estimate of 60 addicts and their families present to enjoy the event. Plans continue with the 2009 Festival of Recover, July 2,3,4, - see registration flyer.

H&I: No H & I. Chair position open. Discussion of the importance of this position and all GSR's and NASC members will announce open NASC positions at local meetings.

P.R. Chair – Tim Chair reports; channel 4 announcement Show Low area – call Tim. Has tried to place a rack in Health Dept., will place. Penny motion to order 4 literature racks – 8 pockets with literature.

RCM Report: Verbal report – Carolyn no ARSC until May 17, 2009

New Business: Continue H& I Chair, Penny requests 3 Basic Texts, for Festival - passed

Old Business: Continue with Festival plans at June's NASC meeting, finalize plan.

Next NASC meeting is the second Sunday - June 14, 2009 at 1:00pm in Show Low

In Service, Ed G. NavApache Area Service Committee Secretary

In Service,

Carolyn,
RCM NavApache Area



2009 Festival of Recovery

Hosted by the NavApache Area Service Committee Narcotics Anonymous
Information contact Rick B. (928) 245-3393 or Penny F. (928) 368-7286

“Recovery Depends on Unity”
Thursday July 2nd – Sunday July 5th
At Show Low Lake Campground
5800 Show Low Lake Rd.
Lakeside, AZ 85929
(Directions on backside)

FUN – RECOVERY – FELLOWSHIP

Sign up at registration to lead meetings after main meetings
Volleyball and Horse shoe tournaments

Thursday: Registration opens at 3:00 pm * Open meeting at 8:00 pm

Friday: Marathon Meetings * Open meeting at 8:00 pm

Saturday: Women’s meeting, Men’s meeting and Kid’s camp 3:00pm

Raffle / Auction 4:30 pm * Dinner at 6:00 pm * Speaker Meeting at 8:00 pm

Sunday: Camp Clean-Up * Closing Spiritual meeting 10:00 am

REGISTRATION INCLUDES

3 Nights Camping Fee, Saturday Breakfast and Dinner

Please complete Registration portion below and make checks payable to NASC, and mail to:

Carolyn G. - FOR 2008
PO Box 972
Holbrook, AZ 86025

Name: _____ Phone/Contact# _____

Address: _____ City: _____ State: ____ Zip: ____

Adults: \$20.00 X: _____ = _____

Children FREE X: _____ = _____

Saturday Meal only: \$10.00 X: _____ = _____

Newcomer Donation: \$ _____

\$ _____ Total Amount Enclosed

Please Mail in Registration by no later than June 25, 2009 to make sure it is received.

5-17-09

We have 8 meetings a week
and are still growing

Thanks for letting me serve

RCM Robert MCE

YAVAPAI AREA SERVICE COMMITTEE
RCM REPORT MAY 17, 2009

Our Area is doing great. Addicts are staying clean and the NA message is being carried.

Our Area H&I subcommittee voted to use part of its designated budget each month to send three NA Basic Texts into the Yavapai County Jail in Camp Verde. We previously used these funds to purchase books for the Prescott jail which recently closed down. Several addicts, who were previously approved to go into the Prescott jail, have received clearance to go into the Camp Verde jail with members of the Verde Valley H&I subcommittee.

Our Public Relations subcommittee continues to inform the public about Narcotics Anonymous. Information pamphlets and meeting lists are placed in public places, meeting times are listed in local papers, information about NA is mailed to local businesses and government agencies, and panel meetings are conducted upon request. Our Area also maintains a NA phoneline where addicts can get information about meetings or speak directly with another addict.

Our Area discussed the need to provide access to NA meetings during the day. Most of our Area meetings are held at night. We have one meeting that meets on Sunday mornings.

The Yavapai Area would like to thank Robert S. for speaking at our NA barbecue at Granite Creek Park in Prescott in March. Our Activities Committee is hosting another NA picnic/ barbecue on June 13, 2009. We

will be selling hamburgers and hot dogs. The event starts at 12:00 PM. A speaker meeting is scheduled for 2:00 PM.

We are joining together with the Verde Valley Area to hold our annual Unity Day Camp Out on Mingus Mountain on Labor Day weekend. We are currently seeking T-shirt designs for the event. Designs should be submitted by June 7, 2009.

Our Area currently has sufficient 7th tradition donations to provide the services that our Groups have intrusted to us. We believe that the Area is directly responsible to the Groups it serves. The Area can only provide the services that the Groups are willing to support with their time and monetary donations. When our 7th tradition donations increase and addicts in our Area become more active in NA service work, we will be able to increase the services we provide for our Groups.

We have a \$371.55 donation for Region this month.

Thank you for letting us be of service.

Together in NA,
Cathy M
Yavapai Aea RCM 1

Vickie W.
Yavapia Area RCM 2

EVA RCM REPORT

Hello family,

At our last area meeting we voted on some of the positions for the next term and they are as follows:

Area chair- Cliff S.

Secretary- Alice G.

Bluesfest chair- Keith

As for the GSR forum; the attendance was averaging about 3-4 gsr's and at the last one 5-6 were in attendance. Its growing slowly but surely!!!

We do have 2 dances coming up one on 6/19/09 and the next one on 7/17/09. These are listed on the regional website if you need more information.

That is all we have to report at this time. Thank you for allowing me to be of service.

ILS,

Angie K.

East Valley Area

ARIZONA REGIONAL IDEA AND REQUEST FORM

CONSENSUS LOG NUMBER: ____ - ____ - ____

DATE: 5/17/9

MAKER: [Signature]

IDEA REQUEST: MOVE OCT REGIONAL GSR
ASSY TO SEPT 26th in
pholo AZ if the ASC
chose to do so

INTENT:

ARSC ACTION ____ GUIDELINE CHANGE ____ BOD ACTION ____ OTHER ____

Agreed

ARIZONA REGIONAL IDEA AND REQUEST FORM

CONSENSUS LOG NUMBER: ____ - ____ - ____

DATE: 5-17-09

MAKER: Rich P

IDEA REQUEST: Extended Jim G. Term
for 1 year

INTENT:

Let Jim ~~stay~~^{stay} on BOD to help
training of New members position.
and fill a position

ARSC ACTION ____ GUIDELINE CHANGE ____ BOD ACTION ____ OTHER ____

Agreed

ARIZONA REGIONAL IDEA AND REQUEST FORM

CONSENSUS LOG NUMBER: _____

DATE: 5/17/9

MAKER: Jesselyn S.

IDEA REQUEST: MOVE OCT REGIONAL GSR
ASSY TO SEPT 26th in
sholo AZ if the ASC
chooses to do so

INTENT:

ARSC ACTION _____ GUIDELINE CHANGE _____ BOD ACTION _____ OTHER _____

Agreed



REGIONAL COMMITTEE MEMBER II
Phoenix Area Service Committee

4225 N. 36th St no 17
Phoenix, Arizona 85018
T 602-435-5747
F 602-956-8703
jimbservant@me.com

May 17, 2009

ARIZONA REGIONAL SERVICE COMMITTEE

IDEA # _____ MAKER: Jim B. PASC RCM II

That we (Arizona Region) ^{add a} ~~move the next~~ Regional ~~GSR~~ ^{TO occur IN} Assembly from its normal month of October to January, 2010.

INTENT; That we (Arizona Region) hold 2 Regional GSR Assemblies close together, one in early January to go over the Conference Agenda Report, so we can discuss the motions, ask questions, gain an informed view of each motion and take information back to our Groups. And the second one to be held in March for the GSRs to bring their vote back to the Assembly in time for the World Service Conference. The Conference Agenda Report will be available in late November. As it currently stands the Regional GSR Assembly meets before The Conference Agenda Report is available.

Agreed

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Woodster2290@cox.net

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deborah_wright@fmi.com

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