

**Arizona Regional Service Committee of N.A**  
**Agenda for March 15, 2009**

- Call to order
- Serenity prayer
- 12 traditions
- 12 concepts
- Service prayer
- 1<sup>st</sup> Roll call
- Approve minutes and agenda
- Open Forum
- Announcements

**Executive Committee Reports**

1. Chair's report
2. Vice-Chair's report
3. RD's report
4. RD alt's report
5. BOD liaison's report, including site committee report
6. Treasurer's report
7. Vice-treasurer's report
8. Secretary's report

**RCM Reports**

- CAN
- East Valley
- Lake Havasu
- Mohave East
- Navapache
- Phoenix
- South Central
- Southeastern
- Southwestern
- Verde Valley
- West Valley
- Yavapai

**Second Roll Call:**

**Subcommittee reports**

- ARCNA
- Activities
- H&I
- Literature Review
- Public Relations
- Web Servant
- Directory Committee; History of NA in AZ.

**Old Business: Create Meeting List Update subcommittee.**

**New Business:**

**Distribution of funds**

**Closing Prayer**

**Next ARSC meeting: May 17, 2008**

**Arizona Regional Service Committee of N.A**  
**Minutes from January 18, 2008**

- Sherwood led the serenity prayer.
- Vince read the 12 Traditions.
- Vickie read the 12 concepts
- Trish read the service prayer.
- Roll call done by Jerry H. 10/12. Quorum.

**Minutes/Agenda Approval:**

- The minutes from the last meeting were approved, as was this month's agenda.

**Question and Answer -Open Forum:** Ellen has ARCNA stickers for sale.

**Announcements:** Greg W. is in hospital..

**Executive Committee Reports:**

**Chair's report** –Oral report given, will e-mail written report

**Vice-Chair's report** – Vacant no report

**RD's report** – Oral report given, will e-mail written report

**RD Alt's report** - Written report submitted and oral report given

**BOD Liaison's report** - Oral report given, will e-mail written report

**Treasurer's report** – Oral report given by Ken F, will e-mail written report

**Vice-Treasurer's report** – No report given (Vice-treasurer absent).

**Secretary's report** -Minutes submitted and oral report given.

**RCM Reports:**

All RCM's attending turned in written or will e-mail reports. Oral reports given by all present.

**Second Roll Call:** 8/12 Quorum.

**Subcommittee Reports:**

**Activities** – Oral report given and written report submitted Kevin.

**ARCNA** -Oral report given and written report submitted by Ellen during first half.

**H&I** – Oral report given and written report submitted by Jason.

**Literature Review** – Open

**Public Relations** -Absent.

**Web Servant** –Oral report given.

**Directory Committee**- Oral report given and written report submitted by Bethany.

**NA History an AZ** - Absent

**Old Business: None**

**New Business:** Idea for Navapache area to host The Festival Of Recovery with \$2000 seed money. Agreed. Idea from Jason & Cece to give money to send 45 Basic Texts to go to the Yavapai County Jail, per the jails request. After much discussion, agreed to postpone this until March due to financial reasons. Hold aside \$1000.00 to cover printing of Regional Directories, agreed. Reopen the NAWS Literature account, agreed.

**Distribution of Funds:** See treasurers report.

**Closing Prayer**

**Next ARSC meeting: March 15, 2009**

**Meeting Adjourned at 2:30 PM**

ARSCNA Roll Call – November 16, 2008

<b>Executive Committee</b>	<b>Status</b>	<b>Name</b>	<b>July '08</b>	<b>Sept '08</b>	<b>Nov '08</b>	<b>Jan 09</b>
Chair	In Service	Sherwood T		Present	Present	Present
Vice-Chair						
RD	In Service	VINCE G		Present		Present
RDA	In Service	KEN F		Present	Present	Present
Treasurer	In Service	Deb W		Present	Present	
Vice-treasurer	In Service					
Secretary	In Service	Jerry H		Present	Present	Present
<b>Areas</b>						
CAN RCM 1	Active	Laura G	Present	Present		
CAN RCM 2	Active	Doug Grasse	Present	Present		
East Valley RCM 1	Active	Angie K	Present	Present	Present	Present
East Valley RCM 2	Active	Cheryl		Present	Present	Present
Lake Havasu RCM 1	Active	Ryan E	Present	Present	Present	Present
Lake Havasu RCM 2	Active	Rick H			Present	Present
Mohave East RCM 1	Active	Robert P	Present	Present	Present	Present
Mohave East RCM 2						Present
Navapache RCM 1	Active	Carolyn G			Present	Present
Navapache RCM 2						
Northern AZ RCM 1	Inactive					
Northern AZ RCM 2	Inactive					
Phoenix RCM 1	Active	Bethany H	Present	Present	Present	Present
Phoenix RCM 2	Active	Jim B	Present	Present	Present	Present
South Central RCM 1	Active	Jeff D	Present	Present	Present	Present
South Central RCM 2	Active					
Southeastern RCM 1	Active	Crystal B.	Present	Present	Present	Present
Southeastern RCM 2	Active	Craig H.	Present		Present	
Southwestern RCM 1	Active	Danny B	Present	Present		
Southwestern RCM 2				Present		
Verde Valley RCM 1	Active	Jimmie R	Present	Present		Present
Verde Valley RCM 2	Active	Cece S	Present	Present	Present	Present
West Valley RCM 1	Active	Trish S		Present	Present	Present
West Valley RCM 2			Present			
Yavapai RCM 1	Active	Cathy	Present	Present	Present	
Yavapai RCM 2		Vickie				Present
<b>Committees</b>						
ARCNA Chair	In Service	Ellen S		Present	Present	Present
ARCNA Vice Chair	In Service	Dana G		Present	Present	
Activities	In Service	Kevin U		Present		Present
H&I	In Service	Jason S		Present	Present	Present
Literature Review	Vacant					
Public Relations	In Service	GREG W		Present	Present	
Web Servant	In Service	KEN M		Present	Present	Present
BOD liaison	In Service	Michael C		Present	Present	Present
Directory Meeting	In Service	Bethany		Present	Present	Present
History of NA in AZ.	In Service	Jeff T.		Present		

ARIZONA REGIONAL IDEA AND REQUEST FORM

CONSENSUS LOG NUMBER: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

DATE: 1-18-09

MAKER: Ken F RDA

IDEA REQUEST:

Reopen the NAWs LIT ACCOUNT  
For H&I Plus P.T. ON a 30 day  
ACCOUNT.

INTENT:

more Direct CONTROL OF FUNDS

ARSC ACTION \_\_\_\_ GUIDELINE CHANGE \_\_\_\_ BOD ACTION \_\_\_\_ OTHER \_\_\_\_

Agreed

ARIZONA REGIONAL IDEA AND REQUEST FORM

CONSENSUS LOG NUMBER: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

DATE: 1-18-09

MAKER: Bethany H

IDEA REQUEST: Hold ~~asset~~ aside \$1,000 -  
to cover printing of Regional Directories.  
I will contact Treasurer with actual  
amount & payee info

INTENT: To make sure we have the funds  
here and not forward \$ to World.

ARSC ACTION \_\_\_\_ GUIDELINE CHANGE \_\_\_\_ BOD ACTION \_\_\_\_ OTHER \_\_\_\_

Agreed

ARIZONA REGIONAL IDEA AND REQUEST FORM

CONSENSUS LOG NUMBER: \_\_\_ - \_\_\_ - \_\_\_

DATE: 1/18/2009

MAKER: JASON S. / CE CC

IDEA REQUEST: TO GIVE H+I \$500.00 TO SEND  
BASIC TEXTS INS TO YAVAPAI COUNTY JAIL.  
THIS WAS REQUESTED BY THE JAIL.

INTENT: TO CARRY THE MESSAGE THROUGH  
NA LITERATURE.

ARSC ACTION \_\_\_ GUIDELINE CHANGE \_\_\_ BOD ACTION \_\_\_ OTHER \_\_\_

Postponed until March

ARCNA Chair Report to the Region Jan 18, 2009

Hello all!

Everyone on the committee is hard at work. We really appreciate the help of Kevin U with both the Spaghetti Taste-off and Sports Day! Thank you Kevin! I also appreciate the help of a few previous chairs – who I have contacted – including John S and Sherwood. This is definitely a WE program and I'm grateful to all.

Please distribute the following flyers to your areas. All the flyers are posted to the Regional website. We have asked the regional webmaster to also update the Calendar on that website with the convention dates and fundraising event dates.

- Spaghetti Taste-Off on Feb 14, 2009 at Trinity United Methodist Church 3104 W. Glendale
- Sports Day – March 15, 2009 - Kiwanis Park in Tempe
- Pre-Registration flyers are here!
- Hospitality Room Sign up
- Program /Marathon Signup

#### Fundraising/Entertainment Update

We had the first of our 3 ARCNA fundraising events in Tucson on January 10<sup>th</sup>. We had a Spaghetti dinner and fed about 115 people. We had an auction and thanks to Ed –we had a great Speaker meeting. We had a registration table set up and did about 10 pre-registrations. We raised some funds and built excitement about the convention. We raised approximately 200 dollars above our expenses. Additional financial details turned into the BOD by our treasurer and I will include a summary of that in my next regional report.

We are selling stickers as our fundraising item– for 3 dollars each. We are selling these at our fundraising events as well as any other NA event that we attend. We also continue to sell the t-shirts from ARCNA 22. Dana, ARCNA 23 Vice-Chair and Kevin U are heading up the 2 ARCNA fundraisers coming up. See flyers.

As you know it takes about 40,000 to put on the convention. We recently gave the hotel 3600 dollars – as stipulated in the contract. It's very important that we continue to raise funds and encourage folks to pre-register! We appreciate your help in spreading the word about this. Encourage folks to pre-register and to reserve their room at the hotel.

Comedian Bob Perkell has been booked for a comedy show – which will be right after the Saturday night meeting. The contract has been turned into the BOD. We are still investigating the DJ or Band for Friday night.

#### Program Committee Update

The Program committee has selected the main speakers and is in the process of getting confirmations. They are now working on the times and topics for workshops and marathon meetings. Please see the flyer – and let your areas know that we hope to get participation from throughout the region in the workshop speakers/leaders/readers and marathon room. Please contact Michael M, Program Chair to get involved!

## Registration Update

See flyers! Please encourage folks to pre-register. Early registration not only helps to support our convention, it also offers a \$10 discount to individuals. In addition, those that pre-register will have the option of buying a uniquely designed visor.

We have asked Vince and Ken to distribute an electronic copy of the Registration flyer to all the regions on their distribution list. In addition, our Registration committee will send some hard copies of the flyer to the western states and other many other regions. Mailings to individuals of the registration flyers to those that registered last year will be happening next week.

This committee is sending the first letters about the convention to the local treatment facilities in the southern Arizona area. This committee is also selecting some cool goodies for the Registration packet.

## Host Update

The Host Chair, Phyllis, has been meeting with the hotel regularly and working on the various rooms and requirements. I have also attended a couple of meetings with the hotel contacts. We are waiting for prices from the hotel for banner hanging and audio needs.

Unfortunately, there was no golf reserved as part of the contract and the hotel already has an outside golf event happening during our convention weekend. If this changes – and if we can get some good tee times for a golf tournament, we will let you know.

Meals have been selected for banquet and breakfast plate.

Please distribute the hospitality room flyer so we can get participation in the hospitality room from all the areas.

There is NO Parking fee for our convention. Folks have noticed that the hotel website says that there is – but for our convention, there is no parking charge except if you valet park.

The hotel requires that our comedian and DJ or band either have their own insurance or be named on our insurance. I have called Mike Salamone and asked him to name our comedian on our insurance. He said he will do that when Jacki brings the contract to the board meeting. I will keep him posted of the DJ decision.

If you have any questions, let me know.

In loving service,

Ellen S

**ARIZONA REGIONAL DIRECTORY SUBCOMMITTEE  
OF NARCOTICS ANONYMOUS  
UPDATE, THOUGHTS FOR GUIDELINES AND REQUESTS FOR HELP**

So far: Had an informal meeting with Ken F., Robin R., Jim B., Chuck H., and myself toward the end of November.

- have 2 samples of regional meeting directories
- discussed possible process(es)
- next steps

Asked for help from predecessors and it was suggested that we get 3 quotes.

I asked printers for 10,000 meeting lists, on 11 x 17 white paper, purple ink, printing on both sides, with standard folds.

- Arizona Corrections (Prison Industries) – two sides in color ink on 60 lb white offset paper folded to 8 1/2 x 3 2/3 = \$716 delivered. There will be a one-time set up fee but they can use the spreadsheet to create the directory. No charge for minor changes.
- Maricopa County Skills Center – unfortunately they didn't get me the faxed quote...they want it to be print-ready and cost is \$836 delivered.
- International Press, though able to give a not-for-profit break is about \$1600.
- Robin R. (Regional P.R. Chair a few years ago) will get a quote from the printer he used previously
- Vince also said he would assist in getting a quote from Courier.

Bottom line is I have 3-ish quotes but hoping for more, eventually.

Goal: to have Regional lists by end of January.

There are many moving parts to this and I am asking all RCM's for assistance in the following:

- Printers quotes – regional meeting list should be able to pull from all resources in the region.
- Review meetings on website and send corrections by Monday 1-19-09, midnight to me.

More to follow 'cause there's more to do.

Below are draft guidelines...please review and send input!

In excited service,

Bethany H

602-309-0488 – cell

602-957-7552 – office, M – F, 9 AM – 5 PM (if it just can't wait:)

Please bear in mind this is a work in progress and what follows are the author's suggestions with plenty of room for improvement. Thank you. Bethany H

**PURPOSE:** To maintain accurate meeting listings on the NA website and produce NA Arizona Regional directories as directed by RCM's.

**RESPONSIBILITIES:**

- create and improve 2-way communication process between Directory Committee & RCM's about meetings in Arizona Region
- update database//website to assure accurate reflection of meetings
- print and distribute meeting directories per RCM direction
- give report at each ARSC

**REQUIREMENTS:** See ARSC '08 approved Guidelines

**POSITIONS:** Chair, Vice-Chair, Secretary, web administrator, directory liaison, members-at-large

**DUTIES: expected of all committee members:**

- stay clean, work an NA program, give back
- attend all Directory Committee (DC) meetings
- communicate, communicate, communicate
- Recruit new members

**Additional duties for each position –**

**Chair**

- prepare and distribute agenda for Directory Committee (DC) meetings
- Facilitate DC meetings, following guidelines including consensus-based decision-making (CBDM)
- Submit committee budget

**Vice-Chair**

- same as Chair duties listed above with additional responsibility of acting as Chair in the event of Chair's absence.

**Secretary**

- record and distribute minutes to DC

**Web administrator**

- make changes to meetings on Regional website in timely manner
- provide bi-monthly report to DC of all changes
- interface with Webmaster about technical issues

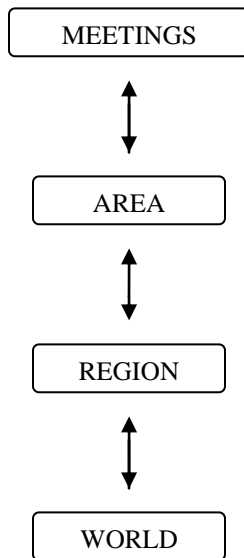
**Directory liaison**

- interface with printer and DC

**members-at-large**

- provide insight, direction and support by your mere presence.

## PROCESS:



MEETING – There are several possibilities at this level:

- A meeting in your Area can register with World AND have representation at your Area Service Committee (ASC).
- A meeting can also register with World and NOT attend or notify ASC
- A meeting can come to Area and not register with World

AREA – Each ASC has their own meeting validation process which will hopefully incorporate the 2-way communication necessary for accurately recording meetings on our Regional website

REGION –

RCM – provide changes directly to DC

DIRECTORY – provide changes to meetings on website that are generated from other sources than RCM's

WORLD – Has an interface that will do a 2-way update – when we submit a change it will update World website and vice-versa.

## NOTES:

Validate meetings in your Areas

New meetings from World

New meetings submitted via website or email

Legend

Quantity

Meeting time/location/method

Intellectual property disclaimer

Other



From: Vince G.  
To: ARSC  
Subject: Regional Delegate Report  
January 18, 2009

### **News from the World Service Office**

One of the IDT's for this cycle is Building Communication and the NAWS BOD has taken it upon themselves to practice what they preach. Each board member was given 4 to 5 regions to make contact with to help build and improve the communications between World and the regions. This should allow for more open and responsive two way communication. Craig R. your World Board chair was given the Arizona region as ones of his regions. I spoke with him at length and we have agreed upon a once a month conversation to stay up to the date on what is happening at world and what's happening in the Arizona Region.

If you have any questions you would like to ask please let me know and I will insure that they are asked.

From my conversation with Craig he has asked me to pass a few things on to the Region.

Thank You for all the support the Arizona Region gives to the WSO.

If you could, please subscribe to NA publications in a digital format.

For the Service System Project: please send us your best practices (what works in your Home Group – Area – Region - Zone)

Send input on the Living Clean Project

Be active in your NA communities and listen to their needs

Have all groups-areas-our region make sure that your info is up to date. WSO has received so many returned packages letters and other items from their mass mailing that the wasted postage is adding up to larger and larger sums, and this is unacceptable

### **New NA Website**

During the WSC in 2008 we were shown what the new website was to look like and were told that it would be done by the end of the year. It has not appeared as of today and I am waiting for a response from the WSO as to the status of the website.

### **Regional Assembly Saturday March 14<sup>th</sup> 2009**

United Methodist Church-Fellowship Hall  
1515 North Trezell Road  
Casa Grande Arizona

### **Who will host the October 2009 Regional Assembly?**

This is the time to bring this question back to your area and ask them if they would like to host this assembly. Any area interested in this should return with a vote of confidence from their area. This needs to be decided as soon as possible so let's get the process started.

### **Northern Arizona Area**

John C. from Flagstaff was at the EVANA TSLD and inquired about getting the Northern Arizona Area re-established in the region. I have asked him to attend the RCM Forum and the Regional meeting to get more information on how to go about this process.

### **EVANA TSLD January 17, 2009**

The delegate team was asked to attend this event in the east valley area to give a mini workshop and discussion on service positions in NA and the basic structure of how this all works. Emphasis was given to the importance of the GSR position.

### **WCNA 33 update**

Over 1000 people have pre registered for the World Convention in Barcelona Spain.

### **World Wide Workshop**

Ken F. and I will be traveling to Oakland California for the World Wide Workshop which is being held in Oakland California from February 27 thru March 1st I am looking forward to this new round of workshops.

### **Sixth Edition Basic Text Commemorative Edition - Second Printing**

The first printing of the 6<sup>th</sup> edition commemorative basic text sold out in less than 4 weeks. If you did not get one, then I am sad to say they are now only available on eBay or other such sites on the web. It seems that there is the possibility that large quantities of the Commemorative Edition were purchased for the express purpose of making a profit on reselling them. The second printing will be exactly like the first with the exception that the onion skin page will contain wording which will clearly state that this is the second printing. Numbers will start at 10,001 and go to 20,000. These will be available in March on the website so check often; the last 10,000 went quick and the expectation is that the next 10,000 will go quickly as well.

### **Service Pamphlets**

The SP's Introduction to NA Meetings and Leadership in NA Service are available for order on the website.

### **Review and input**

Draft copies of the self support pamphlet and proposed changes to "In Times of Illness" will be available for a 90 day fellowship review and input period beginning on March 1<sup>st</sup> thru May 30<sup>th</sup>. This will be the fellowships only opportunity to give our input on these changes...

### **IDT Session profiles**

The profiles for the Building Communication workshop and the Our Freedom our Responsibility workshop have been updated and are available on the NA website. These session outlines give you the instructions on how to facilitate your own workshops on these topics.

### **Arizona will be hosting the Western States Zonal Forum (WSZF)**

The Western States Zone is comprised of the following regions.

**Arizona**  
**California Inland**  
**California Mid-State**  
**Central California**  
**Northern California**

**Pacific Cascade  
Region 51  
Rio Grande  
San Diego/Imperial  
Sierra Sage  
Southern California  
Washington / Northern Idaho**

<http://www.wszf.org/>

Delegates from these regions will be in Arizona from:  
July 24 thru July 26th 2009  
Marriot Courtyard Tempe Downtown  
601 South Ash Avenue  
Tempe, Arizona 85281 USA  
Phone: 1-480-966-2800  
Fax: 1-480-829-8446

**ARCNA XXIII**

Please remind everyone about the Regional Convention this May and the importance of pre registering for the event.

If you would like the chance to interact with NA members from around the world please join one of the discussions on the NA website at <http://disc.na.org/index.htm>

In Loving Service

Vince G.  
Arizona - Regional Delegate  
9335 East Baseline Rd #1056  
Mesa, Arizona 85209

480.234.9292

[RD@Arizona-NA.org](mailto:RD@Arizona-NA.org)

[vince@itsonlyemail.com](mailto:vince@itsonlyemail.com)

Good afternoon,

News from world services

There are two new service pamphlets available, Leadership and An Introduction to Na Meetings. Commemorative edition of the Sixth Edition to celebrate the book twenty-fifth anniversary (which is sold out, a second printing is due out in March) and tri-plated medallions. Go to the online literature sales at [na.org](http://na.org).

You can help us with the Service System project by sending us your best practices on a local level. What are you doing in your NA community that is helping improve service delivery, building communication and cooperation, and more successfully carry the message to the addict who still suffers?

I have passed out the updates for Communications: and Our Freedom, Our Responsibility. I will be checking the Leadership ITD information and will have any changes at the regional Assembly.

Review and input drafts of the self-support and proposed revisions to In Times of Illness will be released for fellowship review between March 1<sup>st</sup> and May 30<sup>th</sup> 2009. Will be sending this out via email and snail mail as soon as we get them.

WSO is still gathering input for the Living Clean project.

We encourage everyone to consider writing for the pages of our periodicals; especially those of you who can share experience, strength, and hope with addicts "on the inside" for *reaching out*. We continue to encourage people to obtain e-subscriptions to *The NA Way* and *NAWS News*. This helps us to communicate more

effectively and control distribution costs. For more information about submission guidelines, please go to <http://www.na.org/naway/submissionguides.htm> or <http://www.na.org/reaching-out/index.htm>.

As in the rest of the world, we have some financial challenges ahead of us. Costs have increased for developmental literature, translations, fellowship development and workshops, WSC publications, shipping, public relations, and the meeting of the World Service Conference. Nonetheless, we were able to provide over \$625,000 in free or subsidized literature to members around the world on your behalf between July 2007 and June 2008. We also would like to hear why you think regional donations are not coming to NAWS even though the regions' expenses have been offset by delegate funding. Please feel free to contact us.

Worldwide Workshops: Oakland, California, 27 February–1 March 2009 and 20-22 November 2009, Boston, Massachusetts.

Please visit <http://www.na.org/nawsevents/event-reg.htm> for more information.

The Human Resource Panel is looking at ways to improve the process for regions, zones, and the WB to submit names to them for potential nominees to elected positions in world services. Please send the HRP ([hrp@na.org](mailto:hrp@na.org)) a description of the process you use for selecting these candidates!

We're happy to have more than 50,000 *NA Way* subscribers, including approximately 42,000 print subscribers. However, with current economic challenges and nearly \$170,000 in publication expenses last year, we believe it's time to increase electronic subscriptions to help defray printing and postage costs. Please help us use our fellowship's resources responsibly by encouraging members to subscribe electronically.

Subscribe online at

<http://www.na.org/naway/naway-toc.htm>

The regional assembly will be March 14<sup>th</sup> 8am to 5pm. At United Methodist Church in the Fellowship Hall, 1515 N. Trekeil Rd. Casa Grande. We will be going over the Leadership topic discussion. Also the GSR's will be electing 2 board members 1 to fill out a 2 year term and one for a 3 year term. They must be present to be elected.

If your area wants to host the fall assembly in October brings the site and date location to the March region.

I would like to thanks Jeff's better half for creating the flyer for the March assembly.

One other thing that I have been seeing that with today's economy area will need to be looking at fun flow and how we budget for expenses. We must not be in fear but one of faith and do the footwork all will be well.

Received a request from WSO to get the new PR chair some training for the Yavapai area which was passes on to Greg W.

In service

Ken F.  
602-616-7182

January 18, 2009

Regional Activities Report

Good morning family,

Please send all info to [Webservant@Arizona-NA.org](mailto:Webservant@Arizona-NA.org) or click To Post an Event email the [Webservant](#) on the calendar page. Please send me all activities information and service meeting information in your area that you would like to be posted on the calendar. I have just updated the web site this morning. I can only open word or pdf documents. Please send all flyers in this format. I am here to serve and help your activities chair for your area, please give them my info.

Thank you for letting me be of service,  
Kevin U. – Regional Activities Chair  
623-203-5090 24/7

## January 2009 EVA RCM regional report

Hello Family,

The East Valley area hopes all of you had a wonderful holiday!!! We have been very busy preparing for our TSLD which took place yesterday and went very well. We would like to thank everyone who came out and participated.

Our area has been discussing putting our area minutes on the regional website.

We are also gearing up for our 1st area mini-workshop in February. I would like to thank our RD's for their guidance in doing these workshops.

Here ~~our~~ is a list of events coming up in our area:

Activities: 1.) Valentine Dance Friday Feb. 20th,  
2.) Skyline serenity hike Jan. 24th (Camelback Mountain) & Feb. 28rd (Hieroglyphic trail),

Outreach: 1.) Volleyball 101 Unity picnic Feb. 7th

Bluesfest: 1.) has started their planning committee (next meeting Feb. 14th and they are accepting logo entries for the bluesfest t-shirts.)

That is all we have to report at this time.

ILS,

Angie K.

*P.S. EVAVA has made a guideline change stating that there will be no donation to Region or World if we are under our prudent reserve.*

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Robert P. RCM 1 MCE Area 01-18-09

We have 8 mtgs a week and we have seen some growth in our fellowship.  
We have a 59.00 donation for the the Region and thanks for letting me serve

Robert P.

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January 18, 2009

West Valley Area

The West Valley is doing well. We have been implementing procedures to ensure the area is fiscally responsible. Our projected expenses are higher than our projected donations. Our donations are currently 30% below what they were last year. Our sub-committees have been directed to find ways to reduce their current spending and/or find ways to increase income. We are still in need of trusted servants at the area level. The following positions are still open in the West Valley; Vice Chair, Secretary, Alt. Secretary, RCM II.

Yours in Service

Trish S

RCM I

RCM 2 Report to ARSC  
for  
1-18-09

My name is Craig and I'm an addict. There have been many events in Southeastern Area since our last meeting. On Thursday, November 27<sup>TH</sup>, we hosted a Fellowship Feast. We had a great turnout and a good time was had by all.

On Tuesday, Dec. 16<sup>th</sup>, Outreach members attended a meeting in Benson. Holiday events were Navarathram Meetings held from Wednesday, Dec. 24<sup>TH</sup> at 6:00pm to Thursday, Dec 25<sup>TH</sup> at 7:00pm. On New Years Eve, there was a Speaker meeting and 70's theme dance.

Our first event of the New Year was an ARCA XXIII Spaghetti and Meatball fundraiser. The food was great and the event was well attended. On Feb. 21<sup>st</sup> there will be a GSR Orientation/ Open Forum held at TMC/ Marshall Auditorium in the Turnbleweed Room from 10:00am to 1:00pm. For more information, please call Crystal B. at 928-933-7157.

I also have brought a check today on behalf of our Area for \$1000.00.

In loving Service.

Craig H.

RCM 2, SEASC

Jan. 18, 2009

RCM 1

Verde Valley Area

CeCe Saimo

Hello everyone,

Elections were held at our last area meeting and all positions were filled. I came into the RCM I position and Mona Randsdell is our new RCM II.

Our first phone line learning day went well. Several members were a little disappointed that once again we did not get the support from Region that we were expecting as no one showed up from Region as promised. We now know that we need to give at least a three month notice to schedule a learning day. The phone line committee has met eight consecutive times since the first meeting and the phone line be will be up and running soon.

Our H&I chair will be requesting 45 Basic texts from the Region H&I to be sent into the Camp Verde Jail as this need had presented itself again.

Our Area is doing some financial re-structuring and will no longer be having a prudent reserve. We will be doing a quarterly budget. Each of the individual committees such as literature, H&I, PR, T-Shirt, Activities will be independent of the Area and will be raising their own prudent reserve. At this time we have no donation.

In Loving service,

CeCe S.

LAKE HAVASU AREA

1-18-09

RCM 1 RYAN E

We have had our elections held  
at area level all positions have  
been filled.

The swanson group would like  
to request a learning day.  
primary reason is how  
to run group meetings

HUALAPAI MOUNTAIN CAMPOUT  
FEB. 20<sup>TH</sup> TO 22<sup>ND</sup> TERRY WHITE  
CABIN INFO. 928-302-0092

THANKS FOR LETTING  
ME BE OF SERVICE  
Ryan E.



---

NavApache Area Minutes  
1/10/09

Our NavApache Area Service Committee meeting was held in Holbrook on 1/10/09 with all home groups in attendance.

We reviewed home group reports, which are going strong in our Holbrook, Pine Top, Lakeside and Show Low. During our Activities Chair's report we discussed our 2008 News Years Party that was held in Show Low, which was a huge success. We discussed having smaller New Year's parties next year in all rural areas as we have many newcomers who have no transportation to attend. Our decision to not break up this annual N.A..S.C. event. Our concern is that we have a Mission in Holbrook which has many guests that attend our meetings and people on probation that are not allowed to travel to out of area events. Our Activities chair suggested that we try to come up with something different over the year because this would cause a separation of the fellowship, everyone agreed.

Our N.A. meeting held at the Bread of Life Mission will celebrate three years in existence on February 14 and we are going to have a potluck and party before the meeting on 2/16/09. This has been a very large meeting with many newcomers, with many who have dual diagnose and are on medication.

We have a Snow Day planed for January 24, 2009 it was changed from 2/07/09 as we have a member of our Area who is getting married and has invited most of the people in the fellowship.

Our Area is having an Easter egg hunt in April in Holbrook. We are attempting to take turns of where we have different events so as the newcomers in each area have the opportunity to get involved.

We have our Area elections in March, so all résumés must be in at February Area meeting.

Since our next meeting is not until March, we are not aware if there has been a selection for the 2009 Festival of Recovery? If no Area has submitted a bid, the NavApache Area is asking to be selected to host the 2009 Festival of Recovery.

We have a \$50.00 donation to the ARSC.

In loving service

Carolyn Gonzales  
P.O. Box 972  
Holbrook, Az 86025

ARSC H&I REPORT FOR JANUARY 18, 2009



Happy New Year to everyone in the Region. These past two months had their ups and downs regarding H&I matters. Personally, however, it has been all ups for me. My wife and I were blessed with our first child on December 23. His name is Levi and I don't have to lie when I say he's incredibly handsome AND charming.

OK, OK, back to H&I. I have a receipt for my literature expenses, which were \$100.00. I have submitted a check request for \$600.00 for literature today. These are for Basic Texts and It Works books to be sent into Perryville State Women's Prison. The programs coordinator wanted Step Working Guides as well but none of the inmates have a sponsor as of yet. Obviously, the workbook says not to use it without a sponsor so I am having her wait on these until we can get the inmates some sponsors.

I spent some time looking at other Region's Sponsorship Behind the Walls subcommittee guidelines the last couple of months. I am glad to say that we have added the new position of Sponsor to the Regional H&I committee. The purpose of this position shall be to provide a sponsor to work the 12 Steps of NA with those addicts incarcerated in an institution who are unable to meet potential sponsors at NA meetings. Our interactions will only be via mail and centered on the 12 Steps of NA. This is to ensure that any addict seeking recovery has the opportunity to do so, even in an institution.

We have had some other requests from prisons for literature also. However, when I try to return calls from most DOC programs people to make arrangements for shipping and so forth, I get nowhere. I am powerless once again. Today we had 7 members at our committee meeting. There was a great time had by all. Tell your Area H&I people they are missing out big-time! That's OK, we had a moment of silence for them anyway.

*Love + Service,*  
*Jasae S.*

**YAVAPAI AREA SERVICE COMMITTEE**  
**RCM 2 REPORT      JANUARY 18, 2009**

My name is Vickie and I am an addict. I am the RCM 2 for the Yavapai Area. Our newly elected RCM 1, Cathy M., is unable to be here today due to .a previous commitment. We would like to thank Colllyn B. for her diligent efforts and faithful service as our outgoing RCM.

Colllyn tried to forward me a copy of the November ARSC minutes. Unfortunately, I was unable to open the attachment. Please send copies of the Regional Minutes to:

**Cathy M.**

Yavapai Area RCM 1  
7220 E. Alto Desierto Road  
Prescott Valley, AZ 86314  
(928) 775-3138  
cathymance@gmail.com

**Vickie W.**

Yavapai Area RCM 2  
8843 E. Manley Drive  
Prescott Valley, AZ 86314  
(928) 759-3509  
v\_o\_willis@yahoo.com  
(paper copy please)

Our Area is doing well. Addicts are staying clean and the NA message is being carried.

Elections for Area service positions were held in December . All of our service positions are filled except for the Area Chair position. We also completed an Area Inventory, updated our Area Guidelines, and completed a Literature audit.

We would like to thank Lee for speaking at our Holiday Potluck/ Speaker Meeting/ Dance that was held in December. We are planning a Valentine's Day event in February.

We would also like to thank our Regional webservant for updating our meeting list in such a timely manner this month. However, keeping our meeting information on the Regional website up to date has been a constant struggle for our Area. Despite repeated attempts to send updaes electronically, our meeting list often remains out of date for weeks (or months) at a time. This makes it difficult for newcomers and out of town visitors to find

our meetings. Would it be possible for an Area designee to make these changes on the Regional website? Please let us know how we can help.

Our Area would like more information regarding the possibility of starting a Regional Service Office. What would be the benefits of establishing such an office? What are the benefits for outlying Areas in our Region? Do we have sufficient funds and manpower to support this endeavor on an ongoing basis? Is this a wise use of NA funds?

We have a \$444.00 donation for Region this month.

Thank you for letting me be of service.

Together in NA,  
Vickie W.



**REGIONAL COMMITTEE MEMBER II**  
Phoenix Area Service Committee

4225 N. 36th St no 17  
Phoenix, Arizona 85018

T 602-435-5747  
F 602-956-8703  
jimbservant@me.com

January 18, 2009

**ARIZONA REGIONAL SERVICE COMMITTEE**

P.O. BOX 1351  
PHOENIX, ARIZONA 85001

Dear Fellow Members,

This past two months have been busy ones for me. I have had much to reflect on, both within my area responsibilities and my regional ones. I am reminded by my peers that quality growth doesn't happen overnight, however emotionally, I want what I want when I want it, and I always seem to want it now. Mentally I know this is not practical, and in the book I read, if it's not practical, it's not spiritual.

I bet you are wondering when I will get to the point. Well here it is.

We have many things on our plate right now as RCMs. As I see it, our region is going through some serious growing pains, some of them as a result of a major overhaul to the way we conduct business (consensus based decision making) and guidelines changes. Some as the result of geographic changes to our areas, Verde Valley and Northern Arizona in particular. Some of it is due to changes in the economy, most of which we haven't even begun to feel the impact. Some due to aggressive competitive growth by outside agencies (CMAs institutional push, CAs strong radio presence, and a strong push by private "recovery programs" that are offering themselves as an alternative to "12 step recovery").

This is a time that I believe we need to look deeply into how effective we are being with our resources. Not just in terms of dollars, also in how well we utilize the trusted servants available to us. What can we do better as areas that doesn't waste resources and duplicate services that can be more easily provided by the region. And how better can we provide services as a regional service body without taking away that creative spark that area servants bring to their service committees.

I personally believe we spend far too much time in our respective service positions competing with each other to have our ideas heard, and nowhere near enough of our time coming together to support the principles we all hold most dear.

It is time that we have a good long talk with all of our GSRs/AIts together about these things, and whatever else we think is pertinent to our real primary purpose, and hopefully at our next Regional Assembly in Casa Grande.

I'm not judging I'm just saying.

In Loving Service,

Jim B.

# West Valley Area Activities

Presents



2nd Annual

## How Deep Will You Go For Your Recovery?

### Scuba Diving Trip

July 16, 17, 18, & 19 2009

San Carlos, Mexico

**\$150.00 non-refundable deposit** & balance in Mexico.

Balance is dependent on how much diving you will do.

Minimum 2 day, 2 tank dive, more diving is possible.

Rental equipment available through Gary's Dive Shop

Fellowship, Fun, Food, Sea, and Scuba Diving

This flyer is on the Arizona Region Website, [Arizona-na.org](http://Arizona-na.org)

It is necessary to make hotel arraignments at Marina Terra Hotel

Special rate \$79.00 + tax, per night, tell them Gary sent you.

NA is not affiliated with Gary's Dive Shop

We will be caravanning and passports are necessary.

To secure your spot, Please mail your **deposit, name, number and email address** to:

PO Box 56097, Phoenix Arizona 85061

and make sure to put **Attention Dive Trip** on the memo line.

Make check payable to West Valley Activities.

Don't miss out on this adventure.

Disclaimer: Sponsored by the West Valley Area Activities Committee. As a responsibility to the area to follow NA traditions, we are not requesting insurance and therefore have no direct affiliation with the Arizona Regional Service Committee. Each group, area, region is autonomous and may act on their own as long as it does not affect NA as a whole.

**THE WEST VALLEY AREA OF NARCOTICS ANONYMOUS PRESENTS  
OUR ANNUAL CAMPOUT**



**When:** Friday April 3<sup>rd</sup>, 4<sup>th</sup>, and Sunday the 5<sup>th</sup>, 2009

**LOCATION:** Lake Pleasant Regional Park, Desert Tortoise Group Campground

**CAMPING COST:** \$12.00 PER ADULT PER NIGHT, \$12.00 PER CHILD'S TENT PER NIGHT, AND \$5.00 PER MEAL ON SATURDAY NIGHT.

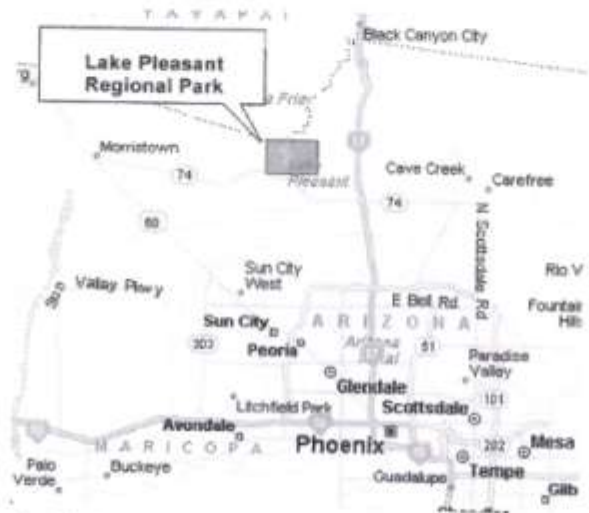
**IF YOU ARE NOT CAMPING, PLEASE PAY THE \$5.00 ENTRY FEE FOR DAY USE AT THE PARK ENTRANCE. IF YOU ARE CAMPING, PLEASE TELL THE GATE ATTENDANT THE NAME OF YOUR PARTY AND THAT YOU ARE WITH THE NA GROUP.**

FACILITIES INCLUDE: LIGHTED RAMADAS, BBQ PITS, BON FIRE PIT,  
**FREE HOT SHOWERS AND FLUSHING TOILETS.**  
**Great for tents, Pop-up campers, and RVS**

**DINNER:**  
Saturday night  
6 pm till 7:15pm  
\$5.00 per person

Choices are

- Chicken
- Beef
- Vegetarian



COME JOIN US FOR  
MEETINGS,  
FELLOWSHIP, FUN,  
RAFFLES, AND  
AUCTION  
**SPEAKER  
MEETINGS**  
**FRI & SAT@7:30PM**  
**SUN@ 10AM**

**Saturday  
NA Workshops**  
At 10 am, 1 pm,  
And 3pm

From central Phoenix, take I-17 north to Carefree Highway (SR 74). Exit Carefree Hwy. and travel west 15 miles to Castle Hot Spring Road. Travel north to Lake Pleasant Regional Park entrance Follow the NA signs to campsite.

Due to Insurance reasons: NA WILL NOT BE PROVIDING WATER ACTIVITIES!  
Pets must be restrained or kept on a leash at all times. **NO FIREARMS ALLOWED**

Contact: Wendy S. (602) 246-9678 or Crystal. (602) 695-1598

-----PRE-REGISTRATION-----

Mail to: NA Campout, P.O. Box 56097, Phoenix AZ 85061

**Make check payable to: West Valley Activities Narcotics Anonymous**

Name \_\_\_\_\_ Your Phone # \_\_\_\_\_

\_\_\_\_\_ Number of Adults registering for one night @ \$15 each = \$ \_\_\_\_\_

\_\_\_\_\_ Number of Adults registering for two nights @ \$30 each = \$ \_\_\_\_\_

\_\_\_\_\_ Number of Child's tents per night @ \$12 each = \$ \_\_\_\_\_

\_\_\_\_\_ Number of people for Dinner @ \$5 each = \$ \_\_\_\_\_

\_\_\_\_\_ Newcomer donation \$ \_\_\_\_\_

Total amount \$ \_\_\_\_\_

Dinner for  
Saturday night  
Chicken \_\_\_\_\_  
Beef \_\_\_\_\_  
Vegetarian \_\_\_\_\_

Put # of meals  
next to selection

---

# West Valley Area Activities Presents

1<sup>st</sup> Annual

## Riding the Waves of Recovery



# White Water Rafting Trip

June 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, 14<sup>th</sup> 2009

Wofford Heights, CA, just north of Bakersfield  
On the Lower Kern River

\$350.00 + \$20 per night camping Thursday & Saturday night.

You can rent tents and sleeping bags for rafting portion, \$15.00 each or bring your own.

If you are renting we will need to know when you make your deposit.

All meals are included while rafting, starting with lunch on Friday to lunch Saturday.

We will be running class III and class IV rapids.

**\$100.00 non-refundable deposit per person required.** Make check payable to West Valley Activities.  
Please mail your **deposit, name, number and email address** to: PO Box 56097, Phoenix Arizona 85061  
and make sure to put

**Attention Rafting Trip** on the memo line, to secure your spot.

Don't miss out on this adventure.

**For more information** contact: Wendy 602-246-9678 [freeatlast111@msn.com](mailto:freeatlast111@msn.com) or  
John M 602-332-3100 [john.manning@cox.net](mailto:john.manning@cox.net)

Kern River Outfitters website: [www.KernRafting.com](http://www.KernRafting.com)

Disclaimer: Sponsored by the West Valley Area Activities Committee. As a responsibility to the area to follow NA traditions, we are not requesting insurance and therefore have no direct affiliation with the Arizona Regional Service Committee. Each group, area, region is autonomous and may act on their own as long as it does not affect NA as a whole.

EAST VALLEY ACTIVITIES PRESENTS

# VALENTINE DANCE



"JOIN US FOR A NIGHT OF FUN & FELLOWSHIP"

HOSTED BY  
**FUN FOOD & RECOVERY HOME GROUP**

**SPEAKER MEETING**

**AT: 7:30 PM**

**DANCE STARTS**

**AT 9:00 PM**

SUGGESTED DONATION \$5.00

We Still Have Our Awesome "DJ" & Light Show

**WHERE: COMMUNITY CHRISTIAN CHURCH  
1701 S. COLLEGE AV. TEMPE**

(JUST NORTH OF BROADWAY RD. BETWEEN MILL AV. & RURAL RD.)

More Info Call: Chris M (480) 232-1149 or Jack M. (480) 238-9061

## EAST VALLEY AREA VOLLEY BALL TEAM PRACTICE



Come One Come all who Want to Part of the  
East Valley Volleyball 2009 TEAM  
PRACTICE Makes Champions



SHOW UP AT "KIENMAN PARK" in MESA  
At: 8<sup>th</sup> Av. & Extension Rd. (South of Broadway Rd.)  
Go to the Volleyball Courts

MESA February 1<sup>st</sup>... Sunday (Start First Practice) 10:00 AM  
TEMPE February 7<sup>th</sup>... Saturday 1:30AM (Practice Game)

AT UNITY Picnic at Daily Park in Tempe

MESA February 15<sup>th</sup> Sunday 10:00AM to 12:00 Noon

MESA February 22<sup>nd</sup> Sunday 10:00AM to 12:00 Noon

MESA March 1<sup>st</sup> Sunday 10:00AM to 12:00 Noon

MESA MARCH 8<sup>th</sup> Sunday 10:00AM to 12:00 Noon

TEMPE MARCH 15<sup>th</sup> Sunday 10:00AM ARCNA SPORTS DAY

LET the COMPATITION BEGIN

Call Info: ---Team Captain Jason 480- 343- 4158 --- Jack M. 480 238 9061

EAST VALLEY ACTIVITIES PRESENTS



WERE HIJKING

## HIEROGLYPHIC TRAIL

SATURDAY

FEBRUARY 28<sup>RD</sup>.



WE MEET

AT EVERGREEN PARK AT 9<sup>TH</sup>, ST. COUNTRY CLUB RD. IN MESA. 10:15 AM  
AND LEAVE AT 10:30 AM  
WE MEET AGAIN AT WALLGREENS AT KINGS RANCH RD  
AND US GO AT 11:00 AM. WHEN WE ARRIVE TO THE TRAIL HEAD.

### DIRECTIONS

TAKE HWY US 60 EAST PAST APACHE JUNCTION UNTIL  
YOU GET TO KINGS RANCH RD ON LEFT (WALLGREENS)  
HEAD NORTH PAST BASELINE RD. FOLLOW SIGNS THAT  
SAY "TRAIL HEAD" TO THE NORTH EAST. SHOULD END  
AT A GRAVEL PARKING LOT

CARAVAN LEAVES WALLGREENS AT 11:45  
HIKE IS 4 MILES ROUND TRIP



BRING: WATER, LUNCH, CAMERA, AND P.M.A.

INFO CALL: SANDRA M. (480) 310-2718 OR CHRIS M. 480-232 1149

THERE WILL BE A N.A. MEETING AT HIEROGLYPHICS SPRINGS

EAST VALLEY ACTIVITIES PRESENTS



SATURDAY

JANUARY 24TH

CAMELBACK MOUNTAIN

ECHO CANYON RECREATIONAL AREA



We Will Meet

At: Evergreen Park @ 5<sup>th</sup>  
at & Country Club Rd. In  
MESA @ 9:15 AM To  
Carpool & Leave @ 9:30  
AM. Or Meet us There at  
the Entrance @ 10:15  
AM Start 10:30 AM

MEET US THERE  
Enter at Echo Canyon  
Parkway just east of  
Tatum Boulevard off  
of McDonald Drive.



BRING: Water, Snack, Lunch, Camera, & P. M. A.

More Info Call: Sandra M. 480-310-2718

Chris M: 480-232 1149

We Will Find A Cozy Spot To Have A NA Meeting

East Valley AREA Outreach & East Valley Activities Presents:



**East Valley AREA**

**VolleyBall 101  
UNITY PICNIC**

New  
Date

**SATURDAY FEBRUARY 7TH  
11:00AM to 4:00PM or so**



**NA SPEAKER MEETING AT 12 NOON**



**Three Reasons To "Come Join Us"**

**Have Fun & Fellowship  
And Feel AREA UNITY**

**12:00AM = NA Speaker Meeting**

**1:00 PM = Free Burgers & Dogs**

**Pot Luck – Bring a dish**

**Bring the Kids  
Children's Activities**

Help us form a

**Volleyball Team**

**& Touch Football**

**To Compete at**

**ARCNA Sports Day**

**1:00 pm Team Sign Up**

**1:30 pm Practice Games**

**Meet and Greet  
ARCNA Committee  
Find out how you can  
Be "A Part Of"  
ARCNA XXIII  
In Tucson This Year**

**Come To: "Daily Park" 1700 S. College Av. in Tempe Az.  
(on College Between Broadway Rd. & Apache Blvd.)**

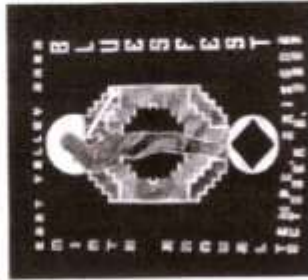
Info. Call: Jack M. 480-238-9061—Kim O. 480-343-2391 or Activities: 480-232-1149

# BLUESFEST COMMITTEE

**IS NOW ACCEPTING LOGO  
ENTRIES FOR NEXT YEARS  
BLUESFEST T-SHIRT**



**T-Shirt Guidelines**  
 1.) No Clip Art  
 2.) Prominent NA Service Symbol in design  
 3.) Bluesfest 15 or "FIFTEENTH ANNUAL BLUESFEST" In Design



**BLUESFEST 15 ?**

Get Started Now the Dead line will be here before You know it.  
 (APRIL 11th, 2009- We suggest You Have it By February 2009  
 IN Case We ask for Some Changes.  
 Give Your Entry To A Bluesfest Committee Member or

Send To: EVASC  
 Attn: Bluesfest  
 PO BOX 5264  
 Mesa, AZ 85211

If we choose your design,  
 Main Logo (Back of Shirt) You get a full  
 A.R.C.N.A. Registration. Front Logo gets a T-Shirt

or E-Mail:  
[bluesfest15@hotmail.com](mailto:bluesfest15@hotmail.com)

Questions Call: : Bluesfest Chair, Mike M. (480) 332-8448 OR Scott K. 480-862-2281

CHAIR

Sherwood Thornton  
[Woodster2290@cox.net](mailto:Woodster2290@cox.net)

VICE-CHAIR

TREASURER

Deb Wright  
[deborah\\_wright@fmi.com](mailto:deborah_wright@fmi.com)

VICE TREASURER

SECRETARY

Jerry Harris  
[tentshandi@yahoo.com](mailto:tentshandi@yahoo.com)

RD

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RDA

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CAN RCM II

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E. VALLEY RCM 2

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LAKE HAV RCM 1

RYAN ECKHARDT

LAKE HAV RCM 2

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MOH CNTY E. RCM 1

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NAV RCM 1

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NAV RCM 2

(VACANT)

N. AZ RCM 1

(VACANT)

N. AZ RCM 2

(VACANT)

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S. CENTRAL RCM 2

S. EAST RCM 1

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m/csdi@yahoo.com

BOD PRES  
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harley1996@aol.com

H & I  
Jason Smith  
thestickler5798@hotmail.com

H&I VICE-CHAIR

LITERATURE REVIEW

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